

MNLECS  
PO Box 403  
Cottage Grove, MN 55016

To the families and committed partners of law enforcement;

My name is Lisabeth M. and I am the proud wife of police officer in a mid-sized metropolitan police department. As a wife of a law enforcement officer, I have found my life and family relationships very different than those of my friends and family. After connecting with Melanie S., wife of an officer in a large metro department, and discussing the limited amount of support we've experienced, we decided to initiate a support group for companions of those in the law enforcement profession. MN LECS initiated companion support meetings in the metropolitan area in January of 2010. Our meetings are a casual and are open to anyone that is interested in meeting with others who share some of the life experiences that come with a law enforcement life.

The **MN Law Enforcement Companion Support** group meets monthly in the metro area. The location of meetings moves around the metro area to accommodate companions who live in different areas. Meetings are informal and scheduled during the evening. They last for 1.5- 2 hours. Children are welcome.

Meeting notification is displayed in law enforcement offices, departments and districts and reminders go out via email.

In addition to the support meetings MN LECS has a facebook group that is closed and private. Only approved and screened members are able to see what is posted. Please search for us at MNLECS and request to join.

To request a current meeting notice or inquire about meeting details please contact us at [mnlecs@gmail.com](mailto:mnlecs@gmail.com)

Thank you in advance for passing along this information to your law enforcement families, and helping us spread the word to those who would like to stay connected.

Sincerely,

Lisabeth M., co-founder

Melanie S, co-founder

[mnlecs@gmail.com](mailto:mnlecs@gmail.com)