



Welcome to the Saint Paul Police Department Professional Development Institute. We are dedicated to providing quality, affordable training to law enforcement officers and other professionals. SPPD has over fifty years of experience of delivering the finest quality training available. It is our hope that your department will select SPPDDI to help you meet your ever changing needs.

The Saint Paul Police Department recognizes that police training needs are constantly changing. PDI is also available to “train on request” to help fill your unique needs. We have an outdoor range available that is suitable to the many challenging needs of law enforcement.

Since courses fill quickly once announced early registration is suggested. However, we do maintain a stand-by list in the case of cancellations. Agencies will be billed for the course if less than seven days notice is given on cancellations.

The Saint Paul Police Department looks forward to serving your needs in 2011. Please feel free to contact the Saint Paul Police Training Unit at (651) 266-5555 to request customized training.

Please check out the website: <http://www.stpaul.gov/index.aspx?NID=2949> for added classes.

Sincerely,

Chief Thomas E. Smith

Saint Paul Police Professional Development Institute

Registration Form

Course: _____ Date: _____ Cost: _____

Officer's Name: _____

Officer's Department E-Mail: _____

Post #: _____ Officer's Direct Contact #: _____

Agency: _____ Agency Address: _____

City: _____ State: _____ Zip: _____

Send Invoice to: _____ Phone#: _____

Fax#: _____

Department Training Supervisor: _____

Department Training Supervisor's E-Mail: _____

This is an acknowledgment that; the participant registering is not a City of St. Paul employee, representative nor agent and that the attendee assumes all personal injury liability for his/her self during any attendance at the training session or while on City property for the purpose of attending the training session.

Signature: _____

Please return to: St Paul Police Department
Attn: PDI
367 Grove Street
Saint Paul, MN 55101
Office: (651) 266-5555 Fax: (651) 266-5675
Web: http://www.stpaul.gov/depts/police/pdi

Knowledge Based Courses:

Crime Scene:

Collect, Document & Preserve of Footwear & Tire Track Impress Evidence (West).....April 26-29

Counter-Terrorism Tactics:

Counter-Terrorism Tactics and Awareness (West).....April 4-8

Courtroom Testimony:

Courtroom Testimony Techniques (West).....Mar 3-4

Earl P Gray-Defense Atty: Enhancing Crim Invest and Courtroom Testimony (BCA).....Apr 12

Data Practices:

Minnesota Data Practices-Crim Records and Personnel / Human Resources (West).....Nov 9

Deadly Force by MN Police Officers:

Deadly Force by MN Police Officers (West).....June 2, Nov 3

Investigations:

Obtaining / Interpreting Cell Phone Data in Criminal Investigations (West).....Feb 3

Basic Death and Homicide Investigation-Chuck Hemp (West).....Feb 7-11

Elder Abuse Investigation.....Feb 9-10 (Beltrami County) or Oct 12 (St Paul / HQ-4th Fl)

Working, Controlling, Managing Major Cases-Chuck Hemp (West).....Feb 14-16

Background Investigations-Gil Glacken (West).....Mar 14-15

Vice/Prostitution/Human Trafficking Investigations (Annex-3rd Floor).....Apr 5-6

Minnesota Vehicle Theft Investigation (HQ-4th Floor Class).....Sep 21-22

Homicide Scene Management for Patrol-David Newman (West).....Apr 21, Oct 6

Homicide Investigation / Crime Scene Management-David Newman (West).....Oct 11-13

Investigation of Internet Crimes / Field Search Program (West).....Nov 16

Interview and Interrogation:

Interview & Interrogation "Maximizing the Opportunity" (HQ-4th Floor).....Nov 1-2

Management:

Effective Leadership “Doing More with Less”(West).....Mar 24-25

Mental Health:

Suicide in Law Enforcement (HQ-Central Conference).....Apr 14

PTSD-”Understanding” as Prevention and Intervention (BCA).....June 20-21

A “Stress-Less” Approach to Public Safety (West).....June 23-24

Photography:

Digital Forensic Imaging for LE (HQ-4th Floor).....Jan 19, Oct 7

Prescription Drug Crimes:

Prescription Drug Crimes (West).....Dec 1

Relationship / Inter-personal:

Connecting with an Audience Highly Resistant or Hostile to LE (West).....Mar 17-18

Connecting with Youth and their Parents (West).....Mar 21-22

Healthy Relationships for Modern LE (West).....Mar 28-30

The Essence of Effective Parenting (West).....May 5-6, Nov 7-8

Search and Seizure:

Tactical Search & Seizure (HQ-Central Conference).....Feb 10

Street Crimes:

Street Crimes Seminar (HQ-4th Floor).....Oct 3-5

Writing:

Report Writing for Use of Force (HQ-4th Floor).....Jan 11

Grant Writing 101 (West).....Jan 12

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form.

Hotel Information

Hotel 340 (Downtown and Within 1 Mile of the Police Department HQ)

340 Cedar Street, St Paul, MN 55102, (651) 280-4120

- * Government Rate starts at \$ 89.00. Parking is available for \$17.00 per day.
- * Complimentary wireless high-speed internet.

For more information visit <http://www.hotel340.com>

Holiday Inn St. Paul - Downtown (Within 2 Miles of the Police Department HQ)

175 West 7th Street, St. Paul, MN 55102, (651)225-1515

- * Government Rate starts at \$114.00. Parking is available for \$14.00 per day.
- * Complimentary shuttle service to and from St. Paul Police Training Center.
- * Complimentary wireless high-speed internet.
- * Indoor pool, whirlpool and fitness center.
- * Dining at St. Paul’s newest Irish Pub, “The Liffy”.

For more information visit: www.holidayinn.com/stpaulmn

Embassy Suites Hotel St. Paul-Downtown (Within 1 Mile of the Police Department HQ)

175 East 10th Street, Saint Paul, MN 55101, (651)224-5400

- * Government Rate starts at \$122.00. Parking is available for \$ 8.00 per day.
- * Complimentary shuttle service to and from St. Paul Police Training Center.
- * Complimentary wireless high-speed internet.
- * Cooked-to order breakfast included in room price.

For more information visit: http://embassysuites1.hilton.com/en_US/es/hotel/MSPSPES-Embassy-Suites-St-Paul-Downtown-Minnesota/index.do

Holiday Inn - St. Paul-I-94 East (3M Area) (Within 4 miles of the Police Department HQ)

2201 Burns Ave., St. Paul, MN 55119, (651)731-2220

- * Government Rate starts at \$ 93.50 per night.
- * Complimentary wireless high-speed internet.
- * Indoor pool, whirlpool and fitness center.

For more information visit: www.holidayinn.com/msp-i94east

Prescription Drug Crimes

Date: December 1, 2011
Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104
Time: 0830-1630
Instructor: P. Ritch Wagner-Perdue Pharma LP
Post: 6 Credits
Cost: FREE

The Saint Paul Police Department Professional Development Institute is co-sponsoring with Perdue Pharma LP a 1-day course in **PRESCRIPTION DRUG CRIMES**.

This course is a basic introduction into an area of drug enforcement which is not typically taught to law enforcement officers. At the end of the class, attendees will have

- a basic introduction into the classes of prescription drugs and specific active ingredients most desired for abuse and street resale.
- a basic understanding of the legitimate uses for these same medications by legitimate patients.
- identified those groups, professions and businesses most often targeted by abusers and street dealers for access to the drugs.
- identified the general classifications of crimes committed on those targets to get the drugs.
- an understanding of the importance of cooperation between jurisdictions and agencies in the investigation of these offenses.
- been provided resource information (printed materials, professional associations, non law enforcement and law enforcement agencies, websites, etc) to more effectively combat prescription drug crime.

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Skill Based Courses:

Bike Patrol:

Police Cyclist Course.....May 17-20 (East) or Aug 9-12 (West)
Police Cyclist Crowd Control and Rapid Response Course (East).....Oct 4-6

Defensive Tactics:

Krav Maga Defense Tactics for LE (Annex-2nd Floor).....Feb 16-17, Oct 19-20
Krav Maga for Female LE Officers (Annex-2nd Floor).....Mar 16-17
Martial Arts for LE (On-Site Bloomington Karate).....Mar 30
L.O.C.K.U.P. Immediate Control Tactics for Plain Clothes Officers (Annex-2nd / 3rd)..May 16-17
L.O.C.K.U.P. Responding to Resist and Aggress Train the Trainer (Annex / ODR).....May 23-27
Combat Judo and Brazilian Jiu-Jitsu Grappling for LE (Annex-2nd Floor).....Apr 14, Sep 21
Combat Judo and Brazilian Jiu-Jitsu Grappling for Female LE Officers (Annex-2nd Floor)...June 8
L.O.C.K.U.P. Police Ground Fighting Course (Annex-2nd / 3rd Floor).....July 19-21

Driving:

E.V.O.C Instructor Course (HQ-4th Floor Class-DCTC Track).....July 25-29

Firearms:

Use of Force Instructors Course (Annex-2nd / 3rd Floor & ODR).....May 2-13, Sep 12-23
Pistol Skills 100 (ODR).....May 3-4
Basic Active Shooter Response (TBA).....May 17 or 18 or 19
Pistol Skills for Women (ODR).....May 25-26
Police Counter-Ambush Tactics (ODR).....June 15-17
Emergency Tactical Medicine for LE (ODR).....June 20-24
Intermediate Pistol Skills 200 (ODR).....June 28
Colt AR-15 / M-16 / M-4 Armorer Course (West).....June 6-8
Colt AR-15 / M-16 / M-4 Advanced Armorer Course (West).....June 8-10

Pistol Skills While Working Plain Clothes (ODR).....Aug 30-31
 Street Safe: Surviving Violent Encounters (ODR).....Sep 1-2
 Police Advanced Rifle and Carbine Shooting 200 (ODR).....Sep 7-8
 Police Basic AR-15 Rifle Operation 100 (ODR).....Sep 12-16
 GLOCK Armorer Course (West).....Oct 4
 GLOCK Instructor Workshop (ODR).....Oct 5-7
 Use of Force **FIREARMS ONLY** Instructors Course (ODR).....Oct 17-21

Fitness:

Enhanced Fitness for LE (HQ-4th Floor).....Jan 26-27, Sep 28-29
 Joint Mobility & Introduction to Kettlebells (Annex 2nd / 3rd Floor).....Mar 8
 Fitness for the LE Female Physique (HQ-4th Floor).....Mar 9-10
 Advanced Fitness for SWAT Team Members (HQ-4th Floor).....July 13-14

Hostage Negotiation and Crisis Intervention:

Phase I & II Hostage Negotiation and Crisis Intervention (West).....May 9-13

K-9:

Basic K-9 Certification.....Begin Mar 14

Motorcycle:

Motor Cycle Officer Training (East).....May 2-13

Search / Cover Operations:

Cover Officer Search Operations (State Fair Grounds).....Jan 24 or 25 or 26 or 27 or Feb 1

Surveillance:

LE Surveillance / Counter-Surveillance (West).....Oct 17-21

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form.

Investigating Internet Related Criminal Offenses And Using the “Field Search” Software Program

Date: November 16, 2011
Location: **St. Paul Police Department Headquarters**
 Western District Community Room
 389 N. Hamline Avenue
 Saint Paul, MN 55104
Time: 0800-1600
Instructor: Sergeant William Haider-SPPD
 Sr. Probation Off. Alex Bunger-Olmstead County
 Sex Offender Program
Post: 7 Credits
Cost: \$145.00

NOTE: Students must bring a lap-top computer for this training.

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a ½ -day course in **INVESTIGATING INTERNET RELATED CRIMINAL OFFENSES and USING THE “FIELD SEARCH” SOFTWARE PROGRAM.**

The Internet has become a new tool used by offenders to commit many different criminal offenses and created a new “beat” for law enforcement. The Basic Internet Investigations Course is designed to equip investigators with the knowledge to track, locate and prosecute cyber-criminals. This course will provide instruction in understanding the Internet and Internet Protocol addresses, tracing email source, wireless issues, court orders for electronic data and the collection of digital evidence.

“Field Search” is a valuable law enforcement “search” program that will allow officers and investigators to view images, videos and documents stored on computer hard-drives while on scene at search warrants, knock and talks, etc. All students will receive a licensed copy of this software upon completion of the course.

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

**Minnesota Data Practices: Criminal Records And / Or
Minnesota Data Practices: Personnel / Human Resources**

2011 PDI CATALOG

Date: November 9, 2011

Location: **St. Paul Police Department Headquarters**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: Criminal Records: 0800-1200
Personnel / Human Resources: 1300-1700

Instructor: Sergeant Dan Malmgren, SPPD

POST: 4 Credits Each Class / Both Classes 8 Credits

Cost: \$95.00 for one 4-hour Class, or
\$155.00 for both 4-hour Classes

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 4-hour course on **MINNESOTA DATA PRACTICES: CRIMINAL RECORDS and/or MINNESOTA DATA PRACTICES: PERSONNEL / HUMAN RESOURCES.**

Data Practices: Criminal Records

This course is designed for law enforcement employees and supervisors who handle criminal records. The course will focus on the practical aspect of law; handling requests, what can be released to who and when.

Data Practices: Personnel / Human Resources

This course is designed for supervisors and managers who deal with personnel records. Areas for discussion include main personnel, complaint, supervisory and background investigation files. You will learn how to organize, handle, store, and respond to requests for information. If there are specific questions or areas you would like the instructor to discuss, please include your request with your registration.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form(s). If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

By Calendar Dates:

January

Report Writing for Use of Force (HQ-4th Floor).....Jan 11

Grant Writing 101 (West).....Jan 12

Digital Forensic Imaging for LE (HQ-4th Floor).....Jan 19

Cover Officer Search Operations (State Fair Grounds).....Jan 24 or 25
or 26 or 27 or Feb 1

Enhanced Fitness for LE (HQ-4th Floor).....Jan 26-27

February

Obtaining / Interpreting Cell Phone Data in Criminal Investigations (West).....Feb 3

Basic Death and Homicide Investigation-Chuck Hemp (West).....Feb 7-11

Elder Abuse Investigation (Beltrami County).....Feb 9-10

Tactical Search & Seizure (HQ-4th Floor).....Feb 10

Working, Controlling, Managing Major Cases-Chuck Hemp (West).....Feb 14-16

Krav Maga Defense Tactics for LE (Annex-2nd Floor)..... Feb 16-17

March

Courtroom Testimony Techniques (West).....Mar 3-4

Joint Mobility & Introduction to Kettlebells (Annex-3rd Floor).....Mar 8

Fitness for the LE Female Physique (Annex-2nd /3rd Floor).....Mar 9-10

Basic K-9 Certification.....Begin Mar 14

Background Investigations-Gil Glacken (West).....Mar 14-15

Krav Maga for Female LE Officers (Annex-2nd).....Mar 16-17

Connecting with an Audience Highly Resistant or Hostile to LE (West).....Mar 17-18

Connecting with Youth and their Parents (West).....Mar 21-22

Healthy Relationships for Modern Law Enforcement (West).....Mar 28-29

Martial Arts for Law Enforcement (On-Site Bloomington Karate).....Mar 30

Effective Leadership "Doing More with Less".....Mar 31-Apr 1

The Essence of Effective Parenting

April

Counter-Terrorism Tactics and Awareness (West).....Apr 4-8
Vice / Prostitution / Human Trafficking Investigations (Annex-3rd Floor).....Apr 5-6
Earl P Gray-Defense Atty: Enhancing Crim Invest and Courtroom Testimony (BCA)...Apr 12
Suicide in LE (HQ-Central Conference).....Apr 14
Combat Judo and Brazilian Jiu-Jitsu Grappling for LE (Annex-2nd Floor).....Apr 14
Homicide Scene Management for Patrol (West).....Apr 21
Collect, Document & Preserve of Footwear & Tire Track Impress Evidence (West).Apr 26-29

May

Use of Force Instructors Course (Annex 2nd / 3rd Floor & ODR).....May 2-13
Motor Cycle Officer Training (East).....May 2-13
Pistol Skills 100 (ODR).....May 3-4
The Essence of Effective Parenting (West).....May 5-6
Phase I & II Hostage Negotiation and Crisis Intervention (West).....May 9-13
L.O.C.K.U.P. Immediate Control Tactics for Plain Clothes Officers (Annex-2nd / 3rd)..
.....May 16-17
Police Cyclist Course (East).....May 17-20
Basic Active Shooter Response (TBA).....May 17 or 18 or 19
L.O.C.K.U.P. Responding to Resistance and Aggress Train the Trainer (Annex/ODR).
.....May 23-27
Pistol Skills for Women (ODR).....May 25-26

June

Deadly Force by MN Police Officers (West).....June 2
Colt AR-15 / M-4 Armorer Course (West).....June 6-8
Colt AR-15 / M-16 / M-4 Advanced Armorer Course (West).....June 8-10
Combat Judo and Brazilian Jiu-Jitsu Grappling for Female LE Officers (Annex-2nd
Floor).....June 8
Police Counter-Ambush Tactics (ODR).....June 15-17
Emergency Tactical Medicine for LE (ODR).....June 20-24

Date: November 7-8, 2011

Location **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0900-1700

Instructor: Jack Pransky, Ph.D.

POST: 14 Credits

Cost: \$ 235.00 each or
\$ 300.00 per couple

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **THE ESSENCE OF EFFECTIVE PARENTING**.

In law enforcement, relationships are the foundation of home and work. When these relationships are healthy and require less emergency maintenance individuals enjoy life more - play and work with greater satisfaction. Even the normal, everyday stresses and strains of today's living can take a toll on your relationships. Add to the mix the law enforcement components of Critical Incidents and shift work and you may have a recipe for disaster.

Parenting and relationship skills can only take parents and partners so far. Emphasizing such skills gives the false impression that if we just learn a set of skills and practice them, everything will be okay. A closer look suggests this is not true. Something far more important lies at the essence of parenting and partnership and, once grasped, overrides the need to learn and master a set of skills. Instead of looking to skills from outside ourselves we can learn to look inside ourselves to let wisdom be our guide for how to handle any problem or situation that arises. To do so effectively we need new understanding of the way it all works within us to create how we experience our children and partners. Once this understanding is realized we tend to automatically create healthier relationships with out children and partners, beautiful relationships, solid, respectful relationships that we originally wished for when beginning them. Even the most difficult relationships can be turned around. This workshop will show how this is possible for anyone.

Jack Pransky, Ph.D. is director of the *Center for Inside-Out Understanding*, based in Vermont. He has authored six books, including *Parenting from the Heart*, *Somebody Should Have Told Us!*, *Prevention from the Inside-Out* and he co-authored *Healthy Thinking/ Feeling/ Doing from the Inside-Out* middle school curriculum. Pransky has worked in the field of prevention since 1968 and is now a national and international trainer, consultant, counselor and coach. His book, *Modello* received the Martin Luther King Storyteller's Award, and in 2004 Jack won the Vermont Prevention Pioneers Award.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Use of Deadly Force by Minnesota Police Officers Resulting in Death: 1981-2005

Date: November 3, 2011

Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructors: Agent Larry C. Brubaker-FBI (Retired)

Post: 7 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is a 1-day course in **USE OF DEADLY FORCE BY MN POLICE OFFICERS RESULTING IN DEATH: 1981-2005**.

This course will be presented as follows; the first hour will focus on Constitutional issues, methodology used during the research, and statistical data regarding the incidents. The remaining instruction will be case studies of approximately 30 of the 110 fatal shootings involving MN police officers. Included in the case studies are crime scene photographs, video (DVD) and audio recordings. Course topics include;

- Constitutional Amendments regarding the use of force
- Minnesota statutes regarding the use of force
- Circumstances of the 110 shootings in Minnesota as described in the 2008 book *"Pulling the Trigger: A 25 – Year Study of Deadly Force Encounters by Law Enforcement."*
- Results of interviews of Minnesota peace officers who were involved in shooting deaths focusing on training, perceptual changes, weaponry, and post-shooting events
- Statistical data relating to the 112 shooting deaths from 1981-2005
- Resources available to officers and administrators involved in fatal shootings

Larry C. Brubaker: is a retired agent with the Federal Bureau of Investigation (FBI). During his tenure with the FBI, he taught various violent crime topics throughout the United States, Canada, and at the FBI Academy, Quantico, Virginia. He has also taught at the International Law Enforcement Academy, Budapest, Hungary. He has appeared on numerous local radio and television news reports. He has been interviewed on National Public Radio, *Primetime Live*, *48 Hours*, MSNBC News, Discovery Health Network, and Langley Production's *Court TV*. Brubaker has provided expert witness testimony for Minnesota law firms regarding the use of deadly force, false reports to law enforcement, sexual assaults and interviewing. He wrote and released a book **"Pulling the Trigger: A 25-year Study of Deadly Force Encounters by Law Enforcement"** in December 2008. An updated version of the book to include shootings from 2006 - 2010 will be forthcoming in late 2011.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

PTSD - "Understanding" as Prevention and Intervention (BCA).....June 20-21

A "Stress - Less" Approach to Public Safety (West).....June 23-24

Intermediate Pistol Skills 200 (ODR).....June 28

July

Advanced Fitness for SWAT Team Members (HQ-4th Floor).....July 13-14

L.O.C.K.U.P. Police Ground Fighting Course (Annex-2nd / 3rd Floor).....July 19-21

E.V.O.C. Instructor Course (HQ-4th Floor Class-DCTC Track).....July 25-29

August

Police Cyclist Course (West).....Aug 9-12

Pistol Skills While Working Plain Clothes (ODR).....Aug 30-31

September

Street Safe: Surviving Violent Encounters (ODR).....Sep.1-2

Police Advanced Rifle and Carbine Shooting 200 (ODR).....Sep 7-8

Use of Force Instructors Course (Annex-2nd / 3rd Floor & ODR).....Sep 12-23

Police Basic AR-15 Rifle Operation 100 (ODR).....Sep 12-16

Combat Judo and Brazilian Jiu-Jitsu Grappling for LE (Annex-2nd Floor).....Sep 14

Minnesota Vehicle Theft Investigation (HQ-4th Floor).....Sep 21-22

Enhanced Fitness for LE (HQ-4th Floor).....Sep 28-29

October

Street Crimes Seminar (HQ-4th Floor).....Oct 3-5

GLOCK Armorer Course (West).....Oct 4

Police Cyclist Crowd Control and Rapid Response Course (East).....Oct 4-6

GLOCK Firearms Instructor Workshop (ODR).....Oct 5-7

Homicide Scene Management for Patrol (West)..... Oct 6

Digital Forensic Imaging for LE (HQ-4th Floor).....Oct 7

Homicide Investigation / Crime Scene Management.....Oct 11-13

Elder Abuse Investigation (HQ-4th Floor).....Oct 12

Use of Force **FIREARMS ONLY** Instructors Course (ODR).....Oct 17-21
 Law Enforcement Surveillance/Counter-Surveillance (West).....Oct 17-21
 Krav Maga Defense Tactics for LE (Annex-2nd Floor).....Oct 19-20

November

Interview & Interrogation “Maximizing the Opportunity” (HQ-4th Floor).....Nov 1-2
 Deadly Force by MN Police Officers (West).....Nov 3
 The Essence of Effective Parenting (West).....Nov 7-8
 Minnesota Data Practices-Crim Records and Personnel / Human Resources (West).Nov 9
 Investigation of Internet Crimes/Field Search (West).....Nov 16

December

Prescription Drug Crimes (West).....Dec 1

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form

Interviewing and Interrogation “Maximizing the Opportunity”

Date: November 1-2, 2011
Location: **St. Paul Police Department Headquarters**
 4th Floor Classroom
 367 Grove Street
 Saint Paul, MN 55101
Time: 0800-1600
Instructor: Commander Neil Nelson-SPPD (Retired)
Post: 14 Credits
Cost: \$250.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Neil Nelson and Associates a 2-day course **INTERVIEWING AND INTERROGATION “MAXIMIZING THE OPPORTUNITY”**

Neil Nelson is a retired commander from the Saint Paul Police Department who is recognized nationally for his interview and interrogation skills. This seminar is designed for sworn law enforcement personnel who want to become more confident in their interview and interrogation skills.

Part 1: Directing the taped interrogations: which introduces strategies for effective use of tape recording during interviews and interrogations developed in response to the State of Minnesota Supreme Court’s 1994 Scales ruling that mandates taping of all custodial interviews.

Part 2: Interview and interrogation using the RIP Technique: introduces a ground breaking interview and interrogation technique combining the three elements of rapport, investment, and partnership. Discusses what motivates a suspect to confess and why existing techniques don’t work with taped interviews.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

For payment go to: <http://www.neilnelson.com/>

Report Writing for Use of Force

Krav Maga Defense Tactics System for Law Enforcement

Date: October 19-20, 2011

Location: **Saint Paul Police Annex Building**
2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Michael Rozin - Rozin Security Consulting

POST: 14

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **KRAV MAGA DEFENSE TACTICS SYSTEM FOR LAW ENFORCEMENT**.

This is a system intended for use by Military, Security and Law Enforcement Special Operations Units. Krav Maga directly translates to “Contact Combat” and is an official self-defense and close-quarter combat system of Israeli Defense Force (IDF) and Israeli security apparatus. Krav Maga has been taught to hundreds of Law-Enforcement agencies and thousands of civilians in United States.

Krav Maga is a modern, reality based method of training. The Krav Maga defensive tactics training is characterized by a logical & progressive approach to learning that results in a highly effective, easy to learn, natural and practical method of hand to hand combat for real life violent encounters.

Michael Rozin is a well known Krav Maga instructor amongst the Law Enforcement community in the Twin Cities. He served as a Sergeant in a specialized infantry unit in the Israeli Defense Forces. During his deployment Michael participated in operations at the West Bank, Syrian and Lebanon border. After his military service he joined the Israeli Airport Authority where he worked as a security agent for Ben-Gurion International Airport in Tel Aviv under the supervision of the Israeli Security Agency, (Shin Bet). Part of Michael’s training at Ben Gurion Airport included advanced Krav Maga training.

Michael Rozin has taught a number of classes to Security, local Law Enforcement and Federal Agencies. Michael is a graduate of the Institute of Counter-Terrorism in the Interdisciplinary Center in Hertzliya, Israel where he attended a Masters Level Executive Counter-Terrorism Studies program. He is fluent in Russian, Bulgarian, Hebrew and English.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration / waiver form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: January 11, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructor: Josh Lego-SPPD

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course in **REPORT WRITING FOR USE OF FORCE**.

This course is designed to provide the student with the required skills and knowledge necessary to write a successful “Use of Force” report. The instructor will walk thru the process of writing the report while highlighting areas where people tend to struggle the most. Included will be areas within the report where writers can fail to satisfy the criteria and expectations of Investigators, Prosecutors, and/or their Department Internal Affairs Unit. Also taken into account will be writing from the point of view of the defense attorney and minimizing the chance of later civil litigation.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Grant Writing 101

Date: January 12, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 1000-1200

Instructor: Sue Perkins, State Program Administrator
Office of Justice Programs
MN. Department of Public Safety

Cost: FREE

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with the MN Office of Justice Programs a 2-hour course in **GRANT WRITING 101**.

This course is designed to provide the student with the required skills and knowledge necessary to write a successful grant. The instructor will walk thru the grant writing process highlighting areas where people tend to struggle the most. Included will be areas within the grant where writers can fail to satisfy the criteria and expectations of the grant review process.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Law Enforcement Surveillance / Counter-Surveillance

Date: October 17-21, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1800

Instructors: Peak Performance Consulting Staff

POST: 35 Credits

Cost: \$900.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Peak Performance Consulting a 5-day course in **LAW ENFORCEMENT SURVEILLANCE / COUNTER-SURVEILLANCE**.

This course is designed for law enforcement officers and agents, field operators or technical specialist tasked with carrying out surveillance or needing to conduct counter-surveillance in support of an intelligence operation or Force Protection / Anti-terrorism mission. Conducting effective Surveillance / Counter-Surveillance Operations are complex undertakings requiring pre-operation study, detailed planning, evaluation of security and intelligence threats, acquiring a secure base of operations, and determining the most expeditious and logical means of successfully performing the operation.

The Surveillance / Counter-Surveillance Detection Course provides solutions and options to address all of the above issues. The course combines classroom instruction with extensive hands on experience and Practical Exercises (PEs). Students will plan and conduct no less than nine Surveillance / Counter-surveillance Operations to reinforce the various skills taught. These PEs will include static, foot and vehicular surveillance, in rural and urban environments.

To register go to: <https://www.letrainers.com/Registration.html>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Use of Force FIREARMS ONLY Instructors Course

Date: October 17-21, 2011

Location: **St Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructor: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

Post: 45

Cost: \$495.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-week **USE OF FORCE FIREARMS ONLY INSTRUCTOR COURSE**.

This course will **ONLY** consist of the firearms portion of the training. Hosted entirely at our range, this component will develop solid and safe instructor skills during courses of fire. Students will learn the difference between qualification and training courses of fire. The student's own firearm handling skills will be challenged throughout the course. During this portion, students will participate in instructor development activities designed to boost confidence and ability to instruct large and small groups.

Equipment: With your registration, indicate the weapons systems you will be bringing to the training. This should include the following information: *Handgun model and caliber. *Shotgun model and caliber. (Shotgun techniques can easily be translated to other long-gun weapons.)

Ammunition: Each student is required to bring 1,000 rounds of ammunition for their handgun.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Digital Forensic Imaging for Law Enforcement

Date: January 19, 2011 or October 7, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructors: Larry J. Nevin-SPPD (Retired), Master Photographer

POST: 7 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course in **DIGITAL FORENSIC IMAGING FOR LAW ENFORCEMENT**.

This course is designed for street officers, investigators and prosecuting attorneys, who deal with photographic evidence on a regular basis. The majority of the class will deal with the use of 35 mm digital SLR cameras and lenses. Capturing excellent photographic evidence is a perishable skill that should be updated frequently. Answering questions in court about your photographs and how they were taken is another topic that will be covered in this course. Storage of digital files will also be discussed. Within the course there will be training on point and shoot digital cameras. For the investigator we will work on capturing additional photos during the investigation with less than optimal camera equipment. Each student is required to have with them the department camera that they use, the manual for that camera and the department policies on photographic evidence. There will be practical exercises during this course. The student is encouraged to bring up any problems that they might have had with forensic imaging in the past.

Larry J. Nevin: is a retired SPPD Officer with 29 plus years of service. He is a master level evidence technician and was the Former Director of SPPD'S Audio Video Services Unit. His photographic experience is not limited to just Police Work. He is the owner of Heritage Prints Studios, a full service photographic and video studio that has been viable for over 30 years.

To register e-mail: ljn35945@yahoo.com. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Cover Officer Search Operations

Date: January 24 or 25 or 26 or 27 or February 1, 2011

Location: Minnesota State Fair Grounds

Time: 1600-2400

Instructor: K-9 Officers-SPPD

POST: 8 Credits

Cost: \$180.00

Class Limit: 10 Officers per day

The Saint Paul Police Professional Development Institute (PDI) and the SPPD K-9 Unit is sponsoring a 1-day course in **COVER OFFICER SEARCH OPERATIONS**.

This class, also serving as a “**Train the Trainer**” course, is a **must for canine handlers and street officers** who deploy as cover officers for canine teams engaged in high risk tracking and search operations. **This is a hands-on training course with limited classroom time.** The course is designed to instruct canine handlers, street officers and deputies, in proper cover officer tactics when assisting canine teams during high risk searches, those including but not limited to tracking and building searches. While geared toward canine handlers and officers who deploy with them as cover support, techniques taught in this class can be used by street officers during day to day high risk searches specifically those done without canine support. Instruction will be given in the areas of weapon handling, cover officer positioning and responsibilities, movement, threat assessment, flashlight / handgun techniques. Officers will also participate in an actual “canine takedown” mock arrest scenario.

The course instructors will be; Officer Mark Ficcadenti, Head Trainer, St. Paul Police Canine Unit, Officer Jon Sherwood, Assistant Trainer, St Paul Police Canine Unit, Officer Jason Brodt, Assistant Trainer, St. Paul Police Canine Unit, Officer Pat Murphy, St. Paul Police Canine Unit/SWAT, Officer Rob Vetch, St. Paul Police Canine Unit/SWAT.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out **registration form.** If you have any questions, please call the St. Paul Police Canine Unit at (651)-266-5782 or the St. Paul Police Department Training Unit at (651) 266-5555.

Elder Abuse Investigation

Date: October 12, 2011

Location: St. Paul Police Department Headquarters
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructors: Sergeant Aine Bebeau-SPPD
Sergeant Mike Wortman-SPPD
Tara Patet-Saint Paul St. Paul City Attorney’s Office

POST: 7 Credits

Cost: FREE

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course on **ELDER ABUSE INVESTIGATION**.

This course is appropriate for patrol officers as well as investigators. Topics covered will be elder abuse dynamics, statutes and remedies, initial response, investigations, physical abuse / strangulation, neglect, sexual abuse / stalking, abuse in facilities, financial exploitation, working a case. Course curriculum is from the Federal Law Enforcement Training Center (FLETC). Instructors supplement this material through their investigative and prosecutorial experience as well as field experience with victims. Emphasis is on a multi-disciplinary response to addressing elder abuse.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form.** If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Homicide Investigation / Crime Scene Management

Date: October 11-13, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: Investigator David Newman (Retired)

Post: 21

Cost: \$275.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 3-day course in **HOMICIDE INVESTIGATION / CRIME SCENE MANAGEMENT**.

This death investigation course instructs fellow members of law enforcement in the successful investigation and prosecution of violent offenders. Because of the unique presentation and course content, this continues to be one of the most requested death investigation training courses available today. This training stresses the 4 main functions of death investigations; investigate, identify, arrest, and prosecute those responsible.

Course Topics:

- Case review (Adrian Robinson & multiple crime scenes)
- Medicolegal death investigation to include time of death and pattern injuries
- Suicide and equivocal death investigation
- SIDS and infant homicide scenes and crime scene event reconstruction
- Crime scene management
- Blood pattern analysis
- Crime scene reconstruction
- Criminal investigative analysis (profiling)

To register, go to: https://www.trainingregistration.org/register.php?id=414&c_id=12
If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Enhanced Fitness for Law Enforcement

Date: January 26-27, 2011 or September 28-29, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom / Gym
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructor: Officer Jeff Stiff-SPPD
Christine Bongiovanni-Stiff, IFBB Pro Bodybuilder / Personal Trainer

Post: 14 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Christine Bongiovanni-Stiff and Officer Jeff Stiff of SPPD a 2-day course in **ENHANCED FITNESS FOR LAW ENFORCEMENT**.

This class combines classroom and gym coaching in physical fitness and weight-training. It will cover Nutrition, Supplementation, Recuperation, Work-Out Design, and the Mechanics of Lifting for Maximum Results. The class will involve classroom and practical application within the gym facility. This class is designed for all individuals that consistently participate in fitness and weight training who want to get back to the basics and shake up their ideas about what works for them.

Christine Bongiovanni-Stiff is the owner and operator of “**Bongiovanni On-Track Training**”. She is an IFBB (International Federation of Body Building) Professional Bodybuilder who is the National Physique Committee (NPC) Chairperson of Minnesota, North and South Dakota. Christine is also an NPC National Judge.

Jeff Stiff is currently an SPPD Officer assigned to Road Patrol in the Eastern District. Jeff was a police officer in Albuquerque, New Mexico from 1995-1999. Since joining SPPD in 1999 he has been a SWAT Operator on an Entry Team from 2002-2008 and a Bomb Tech from 2008 to the present. Jeff is currently a Use of Force, Firearms, and EVOC Instructor. Jeff was a college athlete and played Division 3 Hockey. He has been body-building for over 20 years. In body-building competition, Jeff won the “Middle-weight” Division of the “Mr. Minnesota” Contest in 1993, and was the “Over-all Champion” of the “North-Star” Contest in 2004.

To register go to the Seminars page at: www.christinebongiovanni.com or call (952) 945-9090. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Obtaining / Interpreting Cell Phone Data in Criminal Investigations

Date: February 3, 2011

Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1200

Instructor: Sergeant Jane Laurence-SPPD (Retired)
Officer Michael Reuvers-SPPD.

POST: 4 Credits

Cost: \$115.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1/2-day course in **OBTAINING/ INTERPRETING CELL PHONE DATA IN CRIMINAL INVESTIGATIONS.**

The course will include:

- Use of historical cell phone data in major crime cases
- Determining the service provider
- Administrative subpoena to legally obtain data
- What information can be obtained
- Example of wording
- Search warrant
- What information (additional) can be obtained
- Wording examples
- Court order application for special cases
- Chain of custody/proper storage of data
- Reports – SPPD RMS (or comparable local report) and Search Warrant Inventory and Return
- Ownership or use of phone – Responsibility of Investigator to establish
- Establishing and fostering relationships with cell phone providers
- Claiming **exigent circumstances** – what are appropriate circumstances and how to proceed
- Using Microsoft Excel to interpret and analyze data
- Using analytical software (Analysts' Notebook, Pen Link) to scrutinize and visualize data
- Preparing data for use in a prosecution
- Building visual exhibits of cell phone evidence for use in court trials

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the St. Paul Police Department Training Unit at (651) 266-5555.

Digital Forensic Imaging for Law Enforcement

Date: October 7, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructors: Larry J. Nevin-SPPD (Retired), Master Photographer

POST: 7 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course in **DIGITAL FORENSIC IMAGING FOR LAW ENFORCEMENT.**

This course is designed for street officers, investigators and prosecuting attorneys, who deal with photographic evidence on a regular basis. The majority of the class will deal with the use of 35 mm digital SLR cameras and lenses. Capturing excellent photographic evidence is a perishable skill that should be updated frequently. Answering questions in court about your photographs and how they were taken is another topic that will be covered in this course. Storage of digital files will also be discussed. Within the course there will be training on point and shoot digital cameras. For the investigator we will work on capturing additional photos during the investigation with less than optimal camera equipment. Each student is required to have with them the department camera that they use, the manual for that camera and the department policies on photographic evidence. There will be practical exercises during this course. The student is encouraged to bring up any problems that they might have had with forensic imaging in the past.

Larry J. Nevin: is a retired St. Paul Police Officer with 29 plus years of service. He is a master level evidence technician and was the Former Director of the SPPD'S Audio Video Services Unit. His photographic experience is not limited to just Police Work. He is the owner of Heritage Prints Studios, a full service photographic and video studio that has been viable for over 30 years.

To register e-mail: ljn35945@yahoo.com. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Homicide Scene Management for Patrol

Date: October 6, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructors: Investigator David Newman. (Retired)

POST: 7 Credits

Cost: \$125.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course on **HOMICIDE SCENE MANAGEMENT FOR PATROL**.

The course objective is to train the patrol officer or first responder how to handle and approach a homicide or violent crime scene prior to the arrival of scene investigators. Many patrol officers lack the training and basic understanding of managing the scene of a homicide and avoiding too much traffic and cross contamination, while at the same time establishing safe boundaries that will encompass all of the physical evidence. Crime scene management begins with the arrival of the first officer on scene and continues on through both scene and homicide investigators. Most important and often overlooked are the responsibilities of patrol. Know what to do before critical errors and possibly the loss of vital evidence takes place. It's always been a simple rule in homicide investigation; how the initial scene is handled by patrol has a profound effect on the entire investigation.

This one day class is designed to benefit those in patrol so they may understand what role they play not only in the initial securing of a homicide scene, but also provides them with a good understanding of physical evidence recognition, preservation and documentation. Because patrol officers cannot often times have days off for training resulting from manpower restrictions, this course has been condensed to 8 hours to make it easier for them to attend. The instructor for this course is Inv. David Newman (Ret.) from the Norfolk Police Department in Virginia.

To register go to: https://www.trainingregistration.org/register.php?id=414&c_id=12.
If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Basic Death and Homicide Investigation

Date: February 7-11, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: Charles C. Hemp (Retired)

Post: 40

Cost: \$485.00

(Must register first and then pay C. Hemp by Feb 1, 2011 to Attend)

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 5-day course in **BASIC DEATH AND HOMICIDE INVESTIGATION**.

The investigation of death is the most important responsibility a police agency can undertake. This 40 hour course will prepare the student to properly investigate all death cases. The focus will be on homicide investigation. The areas specifically covered will include: The police role in the investigation of natural and accidental death cases; The proper response of uniform officers; Control and protections of the crime scene; DNA; Suicide investigation; Working with the Medical Examiner; Examination of the body; The time of death window; Blunt force trauma; Sharp force trauma; Gunshot wounds; Asphyxia deaths; Autoerotic deaths; Crime scene analysis; Forensics and physical evidence; Case preparation and Courtroom testimony; Class group case work in lieu of a final exam.

Chuck Hemp began his police career with the City of Oakland Park Public Safety Department in South Florida, now District #12 Broward County Sheriffs Department. He served from 1962 until he retired in 1989, receiving 17 decorations for outstanding work in the field and 3 Mayor's citations for valor. His assignments varied from Patrol, Narcotics, Vice, the Intelligence Unit, Organized Crime Unit, and 12 years as a Lieutenant in the Major Case Squad. In 1989, Mr. Hemp received and accepted a lateral transfer as a Lieutenant with the State of New Hampshire Police Standards and Training Council and was later promoted to Captain. His duties involved teaching in the police academy and in-service training involving certified courses in Death Investigation, Internal Affairs Investigations and Crime Scene-related topics. He remained with the State of New Hampshire until 2001, when he retired and returned to Florida. Mr. Hemp has a Bachelor of Science Degree in Police Administration from Nova University. He attended, and was Class President, of the 76th Session of the University of Louisville Southern Police Institute in 1986. Mr. Hemp has lectured and taught throughout the country as an expert in death investigations. In addition to being an adjunct instructor for SPI, he also teaches for IPTM and Forensic Consultants of New England. He is an IAI Board Certified Senior Crime Scene Analyst, a licensed Scuba Instructor, and a charter boat captain, licensed by the US Coast Guard.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Elder Abuse Investigation

Date: February 9-10, 2011

Location: **Beltrami County Training Center**
613 Minnesota Ave NW
Bemidji, MN 56601

Time: 0800-1600

Instructors: Sergeant Aine Bebeau-SPPD
Sergeant Mike Wortman-SPPD
Tara Patet-Saint Paul City Attorney's Office

POST: 14 Credits

Cost: FREE

The Saint Paul Police Professional Development Institute (PDI) and the Beltrami County Adult Protection Team is sponsoring a 2-day course in **ELDER ABUSE INVESTIGATION**.

This course is appropriate for patrol officers as well as investigators. Topics covered will be elder abuse dynamics, statutes and remedies, initial response, investigations, physical abuse/ strangulation, neglect, sexual abuse/ stalking, abuse in facilities, financial exploitation, working a case. Course curriculum is from the Federal Law Enforcement Training Center (FLETC). Instructors supplement this material through their investigative and prosecutorial experience as well as field experience with victims. Emphasis is on a multi-disciplinary response to addressing elder abuse.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

GLOCK Firearm Instructor Workshop

Date: October 5-7, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: **0800-1600...October 5-6**
0800-1200...October 7

Instructor: GLOCK, Incorporated

POST: 18 Credits

Cost: \$350.00

Class Limit: 12

Open to: Law Enforcement Instructors with current GLOCK Armorer's Certificate.

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with GLOCK, Inc. a 2.5 day **GLOCK FIREARM INSTRUCTOR WORKSHOP**.

This intensive course is designed to provide information and techniques to firearms instructors enabling them to have their students best utilize the GLOCK weapons system. This course covers functions of the pistol, fundamentals of marksmanship, fundamentals of draw, loading and reloading, stoppages, cleaning and lubrication, ammunition, equipment, shoot/coach concept, and extensive range exercises.

For more information or to register you may contact GLOCK Training at:

GLOCK, Inc.

P.O Box 369

Smyrna, Georgia 30081

Phone: 770-432-1202

Fax: 770-437-4712

Or

Glocktraining.com

For information on class location or hotels call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Police Cyclist Crowd Control and Rapid Response

Date: October 4-6, 2011

Location: **St. Paul Police Department**
Eastern District Community Room
722 Payne Avenue
Saint Paul, MN 55106

Time: 0800-1800

Instructors: Officer Jason Bain-SPPD, IPMBA Certified Instructor
Officer Anthony Holte-SPPD, IPMBA Certified Instructor

POST: 32 Credits

Cost: \$295.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 3-day **POLICE CYCLIST CROWD CONTROL AND RAPID RESPONSE COURSE**.

This course is intended for officers who already have the International Police Mountain Bicycle Certification.

This course is IPMBA Bicycle Response Team Training. It will prepare participants for crowd operations. Practical exercises will involve slow speed drills, mounts and dismounts, formations and deployment, pair riding in crowds, single and double-column riding, arrest / rescue techniques, squad withdrawal, and gas mask drills. Participants will also get a glimpse behind-the-scenes of the 2008 Republican National Convention that took place in Saint Paul, MN.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Tactical Search and Seizure

Date: February 10, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructor: Commander Neil Nelson-SPPD (Retired)

POST: 7 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course in **TACTICAL SEARCH AND SEIZURE**.

This is a state-of-the-art workshop that presents complex search and seizure information in a clear, concise format. The course, which is geared toward experienced law enforcement professionals, provides an investigative edge in targeting the illegal urban arsenal and crime-breeding drug trade at the criminals' weak points (e.g., bus stops, hotels/motels, cars).

This course addresses the topics of interdiction, the search & seizure continuum, the elements of voluntary contact, tactical "stop and frisk," arrest and search principles, the ethics involved in the use of police power, and the impact of every officer's actions on community perception. The benefits of this course include reduced Internal Affairs complaints, better public relations, increased officer safety, better conviction results, fewer harassment and physical abuse lawsuits against officers and better preparation for civil lawsuits against law enforcement departments.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

For payment go to: <http://www.neilnelson.com/>

Working, Controlling and Managing Major Cases

Date: February 14-16, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: Charles C. Hemp (Retired)

POST: 22 Credits

Cost: \$285.00 (Must register first and then pay C. Hemp by Feb 1, 2011 to Attend)

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 3-day course in **WORKING, CONTROLLING AND MANAGING MAJOR CASES**.

This course is intended for Supervisors or officers who are in charge of administrative policies or officers leading investigations deemed by circumstances to be major in nature such as; Homicide, Police involved shootings, and Cases that are likely to bring media attention to the department and Cases that involve politicians might be considered as examples. This course will examine the decisions that agencies must make before undertaking a major case and the mistakes often made at the onset of these investigations. These cases demand proper protocol and attention to the following areas: Crime scene entry, protection and control, Proper coordination of the investigation, Trained and experienced investigators backed by established technique and protocol, Attention to post arrest issues and trial preparation.

Chuck Hemp began his police career with the City of Oakland Park Public Safety Department in South Florida, now District #12 Broward County Sheriffs Department. He served from 1962 until he retired in 1989, receiving 17 decorations for outstanding work in the field and 3 Mayor's citations for valor. His assignments varied from Patrol, Narcotics, Vice, the Intelligence Unit, Organized Crime Unit, and 12 years as a Lieutenant in the Major Case Squad. In 1989, Mr. Hemp received and accepted a lateral transfer as a Lieutenant with the State of New Hampshire Police Standards and Training Council and was later promoted to Captain. His duties involved teaching in the police academy and in-service training involving certified courses in Death Investigation, Internal Affairs Investigations and Crime Scene-related topics. He remained with the State of New Hampshire until 2001, when he retired and returned to Florida. Mr. Hemp has a Bachelor of Science Degree in Police Administration from Nova University. He attended, and was Class President, of the 76th Session of the University of Louisville Southern Police Institute in 1986. Mr. Hemp has lectured and taught throughout the country as an expert in death investigations. He is an IAI Board Certified Senior Crime Scene Analyst, a licensed Scuba Instructor, and a charter boat captain, licensed by the US Coast Guard.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

GLOCK Armorer Course

Date: October 4, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
St. Paul, MN 55104

Time: 0800-1600

Instructors: GLOCK, Incorporated

POST: 7 Credits

Cost: \$150.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with GLOCK, Inc. a 1-day **GLOCK ARMORER COURSE**.

This course is designed to provide the student with the required skills and knowledge necessary to perform as a GLOCK Armorer. Upon successful completion of the course the student will receive armorer certification valid for 3 years.

For more information or to register you may contact GLOCK Training at:

GLOCK, Inc.

P.O Box 369

Smyrna, Georgia 30081

Phone: 770-432-1202

Fax: 770-437-4712

Or

www.glocktraining.com

For information on class location or hotels call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Street Crimes Seminar

Date: October 3-5, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1630

Instructors: Street Crimes Program Personnel ,25 + Years of LE Experience

POST: 22 Credits

Cost: \$395.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring a 3-day **STREET CRIMES SEMINAR**.

The content of this course is **very graphic in nature and intended for law enforcement only**. The course content is the "...most up to date, street tested information..." and is presented thru lecture and "State of the Art Multimedia".

Course Content:

- Deadly Force/ /Police Involved Shooting
- Effective Street Interviews and Stops for Patrol Officers and Investigators
- Surveillance Tactics for Patrol and Plain Clothes Officers / Agents
- Developing Criminal Intelligence / Street Information
- Ethical Considerations for Street Officers and Agents / Making the Right Choices
- Street Tested Techniques for Conducting successful Gang and Drug Related Cases
- Car Traps and Hidden Compartments being used by Gangs and Drug Dealers
- Conducting / Planning Search Warrants and High Risk Raids
- Officer Safety Issues for On and Off Duty Situations
- Development of Street Sources and CI'S for Patrol, Investigators, and Special Agents
- Street Gang Members in the Military / The Effect on Law Enforcement
- MS-13 Gang and the Spread of Methamphetamine in US
- Homeland Security Issues for the Street Officer and Special Agents

To register go to: www.streetcrimes.com or call (800) 275-4915. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Krav Maga Defense Tactics System for

Law Enforcement

Date: February 16-17, 2011 or October 19-20, 2011

Location: **Saint Paul Police Annex Building**
2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Michael Rozin - Rozin Security Consulting

POST: 14

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **KRAV MAGA DEFENSE TACTICS SYSTEM FOR LAW ENFORCEMENT**.

This is a system intended for use by Military, Security and Law Enforcement Special Operations Units. Krav Maga directly translates to "Contact Combat" and is an official self-defense and close-quarter combat system of Israeli Defense Force (IDF) and Israeli security apparatus. Krav Maga has been taught to hundreds of Law-Enforcement agencies and thousands of civilians in United States.

Krav Maga is a modern, reality based method of training. The Krav Maga defensive tactics training is characterized by a logical & progressive approach to learning that results in a highly effective, easy to learn, natural and practical method of hand to hand combat for real life violent encounters.

Michael Rozin is a well known Krav Maga instructor amongst the Law Enforcement community in the Twin Cities. He served as a Sergeant in a specialized infantry unit in the Israeli Defense Forces. During his deployment Michael participated in operations at the West Bank, Syrian and Lebanon border. After his military service he joined the Israeli Airport Authority where he worked as a security agent for Ben-Gurion International Airport in Tel Aviv under the supervision of the Israeli Security Agency, (Shin Bet). Part of Michael's training at Ben Gurion Airport included advanced Krav Maga training. Michael Rozin has taught a number of classes to Security, local Law Enforcement and Federal Agencies. Michael is a graduate of the Institute of Counter-Terrorism in the Interdisciplinary Center in Hertzliya, Israel where he attended a Masters Level Executive Counter-Terrorism Studies program. He is fluent in Russian, Bulgarian, Hebrew and English.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration / waiver form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Courtroom Testimony Techniques “Success Instead of Survival”

Date: March 3, 2011
Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104
Time: 0800-1600
Instructor: Ron Smith and Associates
POST: 16
Cost: \$300.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Ron Smith and Associates a 2-day course in **COURTROOM TESTIMONY TECHNIQUES – SUCCESS INSTEAD OF SURVIVAL**.

This two day seminar is specifically designed to aid the student in understanding and accepting the anxiety of testifying, then taking that concern and channeling it in a positive direction to make them a better witness. Most law enforcement officers, investigators and forensic specialists receive little formal training on proper methods of providing testimony. That presents a significant problem because jury members may assume you are properly trained and that you testify on a regular basis. For most criminal justice witnesses, testifying in court is not a regular part of their schedule and this lack of experience leads to a natural feeling of anxiety when called upon to testify. You will learn that “Fear is Good” because when you are afraid you are also very alert to what is happening around you. Once you learn to utilize and channel this feeling you can make great strides in becoming the witness you want to be and the kind of witness that the jury expects. This seminar is designed to help you accomplish this goal.

This training seminar has been approved for 16 hours of Continuing Education Credit required for I.A.I. Certification and Re-certification. Certificates of attendance, authorized by the International Association for Identification, will be awarded to each student successfully completing the seminar. Class attire is business casual.

To register go to: <http://www.ronsmithandassociates.com/register-for-forensic-training-class.php> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Enhanced Fitness for Law Enforcement

Date: September 28-29, 2011
Location: **St. Paul Police Department Headquarters**
4th Floor Classroom / Gym,
367 Grove Street
Saint Paul, MN 55101
Time: 0800-1600
Instructor: Officer Jeff Stiff-SPPD
Christine Bongiovanni-Stiff, IFBB Pro Bodybuilder / Personal Trainer
Post: 14 Credits
Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Christine Bongiovanni-Stiff and Officer Jeff Stiff of SPPD a 2-day course in **ENHANCED FITNESS FOR LAW ENFORCEMENT**.

This class combines classroom and gym coaching in physical fitness and weight-training. It will cover Nutrition, Supplementation, Recuperation, Work-Out Design, and the Mechanics of Lifting for Maximum Results. The class will involve classroom and practical application within the gym facility. This class is designed for all individuals that consistently participate in fitness and weight training who want to get back to the basics and shake up their ideas about what works for them.

Christine Bongiovanni-Stiff is the owner and operator of “**Bongiovanni On-Track Training**”. She is an IFBB (International Federation of Body Building) Professional Bodybuilder who is the National Physique Committee (NPC) Chairperson of Minnesota, North and South Dakota. Christine is also an NPC National Judge.

Jeff Stiff is currently an SPPD Officer assigned to Road Patrol in the Eastern District. Jeff was a police officer in Albuquerque, New Mexico from 1995-1999. Since joining SPPD in 1999 he has been a SWAT Operator on an Entry Team from 2002-2008 and a Bomb Tech from 2008 to the present. Jeff is currently a Use of Force, Firearms, and EVOC Instructor. Jeff was a college athlete and played Division 3 Hockey. He has been body-building for over 20 years. In body-building competition, Jeff won the “Middle-weight” Division of the “Mr. Minnesota” Contest in 1993, and was the “Over-all Champion” of the “North-Star” Contest in 2004.

To register go to Seminars page at: www.christinebongiovanni.com or call (952) 945-9090. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Minnesota Motor Vehicle Theft Investigation

Date: September 21-22, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructors: Sergeant Harry Berg- MN State Patrol (Retired)
Supervisory Special Agent Robert Henderson (NICB)

POST: 14 Credits

Cost: FREE

Class Limit: 30 Participants

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with the Anti-Vehicle Crime Association of Minnesota (AVCAM) a 2-day **MINNESOTA MOTOR VEHICLE THEFT INVESTIGATION SEMINAR**.

This course is intended for active law enforcement officers and prosecutors. Those attending this seminar will receive instruction in:

- Vehicle Theft Motives and Techniques
- Vehicle Examination and Identification of Various Vehicles and Parts
- Vehicle Theft Investigation Techniques
- Vehicle Insurance Fraud
- Investigative Resources
- The National Insurance Crime Bureau (NICB)
- Vehicle Titles, Title Histories, and other Related Documents
- Federal/State Laws and Case Decisions
- “Hands On” Experience in Examining/Identifying Various Vehicles

Instruction materials will be provided to attendees, including a copy of the Minnesota Vehicle Theft Investigation Manual CD. **Pre-registration is requested so that an exact number of manuals can be ordered for this class, as well as for ordering lunch that is provided each day.**

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Courtroom Testimony Techniques “Success Instead of Survival”

Date: March 4, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: Ron Smith and Associates

POST: 16

Cost: \$300.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Ron Smith and Associates a 2-day course in **COURTROOM TESTIMONY TECHNIQUES – SUCCESS INSTEAD OF SURVIVAL**.

This two day seminar is specifically designed to aid the student in understanding and accepting the anxiety of testifying, then taking that concern and channeling it in a positive direction to make them a better witness. Most law enforcement officers, investigators and forensic specialists receive little formal training on proper methods of providing testimony. That presents a significant problem because jury members may assume you are properly trained and that you testify on a regular basis. For most criminal justice witnesses, testifying in court is not a regular part of their schedule and this lack of experience leads to a natural feeling of anxiety when called upon to testify. You will learn that “Fear is Good” because when you are afraid you are also very alert to what is happening around you. Once you learn to utilize and channel this feeling you can make great strides in becoming the witness you want to be and the kind of witness that the jury expects. This seminar is designed to help you accomplish this goal.

This training seminar has been approved for 16 hours of Continuing Education Credit required for I.A.I. Certification and Re-certification. Certificates of attendance, authorized by the International Association for Identification, will be awarded to each student successfully completing the seminar. Class attire is business casual.

To register go to: <http://www.ronsmithandassociates.com/register-for-forensic-training-class.php> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Joint Mobility and Introduction to Kettlebells

Date: March 8

Location: **Saint Paul Police Annex Building**
3rd Floor Classroom / 2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0900-1700

Instructor: Officer Cortez Hull-SPPD (Russian Kettlebell Challenge Instructor-RKC)

Post: 7 Credits

Cost: \$115.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course **JOINT MOBILITY AND INTRODUCTION TO KETTLEBELLS.**

Over the last few years, kettlebell training has grown by leaps and bounds in the US and overseas. Thousands of people have experienced the cardio and muscular endurance benefits of kettlebell training. This course is designed to inform you why fitness, the RKC system, kettlebells and joint mobility is related to law enforcement. You will learn about energy systems and how they apply to use of force encounters, basic kettlebell exercises and how to instantly improve your strength. This course is design for sworn and non-sworn alike. This course will give you a super effective training tool for building strength, endurance, flexibility, and core strength. Workout clothes, a towel and drinking water are recommended. Shower facilities are provided.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form.** If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Combat Judo and Brazilian Jui-Jitsu Grappling for Law Enforcement

Date: September 21, 2011

Location: **Saint Paul Police Annex Building**
2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Paul Petushin - Master Instructor of Petushin Martial Arts.

POST: 7

Cost: \$105.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Paul Petushin of Petushin Martial Arts a 1-day course in **COMBAT JUDO AND BRAZILIAN JUI-JITSU GRAPPLING FOR LAW ENFORCEMENT.**

What will be covered?

- Situational awareness.
- Controlling and subduing aggressive suspect.
- Controlling and subduing fleeing or retreating suspect.
- Taking down suspects without endangering yourself.
- Defenses against punches and kicks.
- Proper defense procedures while lying on the ground with attacker standing over.
- Defenses against grabs and bear hugs.
- Defenses against headlocks.
- Defenses against attacks from behind.
- Defenses against chokes.
- Controlling larger suspect in one on one situation.

To register go to: www.PetushinMartialArts.com, Tel: 612.991.9116 or email: paul_petushin@hotmail.com. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Police Basic AR-15 Rifle Operation 100

Date: September 12-16, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructors: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 45 Credits

Cost: \$345.00

The St. Paul Police Professional Development Institute (PDI) is sponsoring a 5-day course **POLICE BASIC AR-15 RIFLE OPERATION**.

This course is designed for officers with no experience, incomplete experience or inaccurate information regarding the operation and use of the AR-15 in a patrol function and goes far beyond the typical AR15 class that many officers receive. Topics covered will include:

- Complete nomenclature / Cycles of operation
- Rifle set ups
- Zeroing iron and optical sights
- External ballistics
- Offsets
- Traditional shooting positions / Non-traditional shooting positions
- Use of cover
- Right hand and left hand operation of the rifle controls
- Administrative loading and reloads
- Immediate action
- Cleaning and maintenance (what is really needed to keep your rifle running)
- Function checks

EQUIPMENT: AR15 type rifle or carbine, 3 - 5 reliable 20 or 30 round magazines, magazine pouch, carry or tactical sling, pistol with 2 - 3 magazines. Eye and ear protection, ball cap, knee and elbow pads, (recommended), dress for the weather, you will be on the ground. Your own cleaning equipment if you want to bring it.

AMMUNITION: 750 rounds rifle ammunition, 100 rounds pistol ammunition.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Fitness for the Law Enforcement Female Physique

Date: March 9-10, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom / Gym
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructor: Christine Bongiovanni-Stiff, IFBB Pro Bodybuilder / Personal Trainer
Officer Jeff Stiff-SPPD

POST: 14 Credits

Cost: \$125.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Christine Bongiovanni-Stiff and Officer Jeff Stiff of SPPD a 2-day course in **FITNESS FOR THE LAW ENFORCEMENT FEMALE PHYSIQUE**.

This course will combine classroom and gym coaching in physical fitness and weight-training. This class is tailored for the female physique and those who are interested in maximizing their strength and fitness gains thru enhanced Nutrition, Supplementation, Recuperation, Work-Out Design, and learning the Mechanics of Lifting for Maximum Results. This class will involve classroom and practical application within the gym facility.

Christine Bongiovanni-Stiff is the owner and operator of “**Bongiovanni On-Track Training**”. She is an IFBB (International Federation of Body Building) Professional Bodybuilder who is the National Physique Committee (NPC) Chairperson of Minnesota, North and South Dakota. Christine is also an NPC National Judge.

Jeff Stiff is currently an SPPD Officer assigned to Road Patrol in the Eastern District. Jeff was a police officer in Albuquerque, New Mexico from 1995-1999. Since joining SPPD in 1999 he has been a SWAT Operator on an Entry Team from 2002-2008 and a Bomb Tech from 2008 to the present. Jeff is currently a Use of Force, Firearms, and EVOC Instructor. Jeff was a college athlete and played Division 3 Hockey. He has been body-building for over 20 years. In body-building competition, Jeff won the “Middle-weight” Division of the “Mr. Minnesota” Contest in 1993, and was the “Over-all Champion” of the “North-Star” Contest in 2004.

To register go to the Seminars page at: www.christinebongiovanni.com or call (952) 945-9090. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Use of Force Instructors Course

Basic K-9 Certification

Date: Begin March 14, 2011.

Location: Saint Paul Police K9 Unit

Time: 0800-1700

Instructor: Officer Mark Ficcadenti-SPPD, Level III Trainer by the U.S.P.C.A.

POST: 420 Credits

Cost: \$2,500

The Saint Paul Police Professional Development Institute (PDI) and the Saint Paul Police K-9 Unit is sponsoring a **BASIC K-9 CERTIFICATION SCHOOL**.

The instruction will be provided by lead canine instructor Mark Ficcadenti as well as other experienced, active canine handlers who understand what kind of police service dog is needed for today's police agencies. All of the trainers are certified level II or level III trainers by the United States Canine Association. Upon completion of this course the handler will have been trained in the following areas: obedience, agility, evidence search, building search, tracking, canine medical issues, criminal apprehension, handler protection, and common case law.

To register call the Saint Paul Police K-9 Unit at (651) 292-3773. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: September 12-23, 2011

Location: **St. Paul Police Department Annex - Week 1**
3rd Floor Classroom / 2nd Floor Gym
100 East 10th Street
Saint Paul, MN 55101

St. Paul Police Department Outdoor Range - Week 2
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0800-1700

Instructor: Use of Force Instructors-SPPD

Post: 90 Credits

Cost: \$885.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-week course in **USE OF FORCE INSTRUCTOR**.

The first day is classroom and students will be required to bring pad and pen ONLY dressed in BDU'S and t-shirt / DT shirt.

Week One (1) @ 100 East 10th Street, 3rd Floor Classroom, St Paul, will consist of instruction in federal and state laws supporting use of force by police officers. Additionally, students will receive certification as a chemical aerosol and baton instructor. During this portion students will participate in instructor development activities designed to boost confidence and ability to instruct large and small groups. Students will receive instruction about court-defensible documentation regarding use of force training, lesson plan writing, and writing performance improvement plans.

Week Two (2) @ the St Paul Police Outdoor Range, Maplewood, will consist of the firearms portion of the training. Hosted entirely at our range, this component will develop solid and safe instructor skills during courses of fire. Students will learn the difference between qualification and training courses of fire. The student's own firearm handling skills will be challenged throughout the course. During this portion, students will participate in instructor development activities designed to boost confidence and ability to instruct large and small groups.

With your registration, indicate the weapons systems you will be bringing to the training. This should include the following information: *Handgun model and caliber. **Each student is required to bring 1,000 rounds of ammunition for their handgun.**

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Police Advanced Rifle and Carbine Shooting 200

Date: September 7-8, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructors: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 18 Credits

Cost: \$225.00

The St. Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course **POLICE ADVANCED RIFLE and CARBINE SHOOTING 200**.

This shooter's course is designed to assist rifle and carbine operation certified officers in becoming more familiar with police carbines and rifles. This course will cover the reasons for implementing a carbine/rifle, safety. Loading, unloading, zeroing, reloads, malfunctions, use of cover, concealment, positional shooting, shooting during movement, multiple targets and transitions to handgun. Also covered will be ballistics, optics, lights, ammunition carriers and related equipment. Students will be given individual attention to assure the basics are being properly executed, and then demanded during all drills. Successful student participation will assure shooting skills have exceeded any past abilities.

Equipment: Participants are required to bring their Carbine/ Rifle with at least three magazines, any optics and flashlights they mount on the weapon, and a method of carrying extra ammunition. Students also need to bring their service weapon with at least 3 magazines, a method of carry consistent with their duty assignment. Please bring a baseball type hat and ear protection.

Ammunition: Each student will need to bring 1000 rounds of ball or practice ammunition for the carbine / rifle. Students will also need to bring 100 rounds of ball or practice ammunition for their duty handgun.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Background Investigation for Public Safety

Date: March 14-15, 2011

Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructors: Gil Glacken (Retired) Now of Glacken and Associates
Sgt Dan Malmgren-SPPD
(3/14/2011, 1300-1600 MN Specific Data Practices)

Post: 14 Credits

Cost: \$ 275.00(each) 1 Attendee
\$ 265.00(each) 2 Attendees
\$ 245.00(each) 3 Attendees

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Glacken and Associates a 2-day course in **BACKGROUND INVESTIGATION FOR PUBLIC SAFETY**.

This course will focus on the practical aspect of conducting an investigation as a part of a pre-employment screening process for all governmental employees. Topics to be covered include collecting pre-employment information, analyzing and focusing your investigation, legal issues, identify elements that disqualify candidates and writing an investigative report.

Gil Glacken recently retired from the Reno, NV Police Department. Mr. Glacken has over 29 years of law enforcement experience. For the last six years he was the senior background investigator with the Reno, NV PD. In 2001 Mr. Glacken assisted the Nevada Police Corp with developing their background investigation program. Mr. Glacken developed this course of instruction in 2001 and over the last 9 years has instructed over 2000 law enforcement personnel/fire fighters/private investigators nationwide.

Sergeant Dan Malmgren (SPPD) will be providing the information specific to Minnesota Data Practices law.

To register go to: GlackenSeminar@aol.com. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Krav Maga Defense Tactics System for Female Law Enforcement Officers

Date: March 16-17, 2011

Location: **Saint Paul Police Annex Building**
2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Michael Rozin - Rozin Security Consulting

POST: 14

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **KRAV MAGA DEFENSE TACTICS SYSTEM FOR FEMALE LAW ENFORCEMENT OFFICERS**.

This is a system intended for use by Military, Security and Law Enforcement Special Operations Units. Krav Maga directly translates to "Contact Combat" and is an official self-defense and close-quarter combat system of Israeli Defense Force (IDF) and Israeli security apparatus. Krav Maga has been taught to hundreds of Law-Enforcement agencies and thousands of civilians in United States.

Krav Maga is a modern, reality based method of training. The Krav Maga defensive tactics training is characterized by a logical & progressive approach to learning that results in a highly effective, easy to learn, natural and practical method of hand to hand combat for real life violent encounters.

Michael Rozin is a well known Krav Maga instructor amongst the Law Enforcement community in the Twin Cities. He served as a Sergeant in a specialized infantry unit in the Israeli Defense Forces. During his deployment Michael participated in operations at the West Bank, Syrian and Lebanon border. After his military service he joined the Israeli Airport Authority where he worked as a security agent for Ben-Gurion International Airport in Tel Aviv under the supervision of the Israeli Security Agency, (Shin Bet). Part of Michael's training at Ben Gurion Airport included advanced Krav Maga training. Michael Rozin has taught a number of classes to Security, local Law Enforcement and Federal Agencies. Michael is a graduate of the Institute of Counter-Terrorism in the Interdisciplinary Center in Hertzliya, Israel where he attended a Masters Level Executive Counter-Terrorism Studies program. He is fluent in Russian, Bulgarian, Hebrew and English.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration / waiver form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

STREET SAFE: Surviving Violent Encounters

Date: September 1-2, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructors: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 18 Credits

Cost: \$305.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course **STREET SAFE: SURVIVING VIOLENT ENCOUNTERS**.

This course is intended for officers assigned to patrol duties. It will cover practical shooting and tactical strategies for dealing with violent situations that officers encounter. Tactical solutions for shooting on the move, shooting at moving targets, shooting from seated, prone and other non-traditional positions are also included. All students will participate in the Officer Reaction Course. This portion of the course utilizes our Hogan's Alley. Each student will be run through force on force training scenarios using Simunitions and CQB tactics during realistic scenarios. This course also includes an updated classroom presentation covering new equipment, tactics, and trends in law enforcement use of force encounters.

Equipment: Participants will need to bring their duty belt and all on duty equipment, department authorized firearm with three magazines, their department duty long gun (shotgun, sub-machine gun, and squad rifle), baseball style hat, and wrap around eye protection, hearing protection, and a mouth guard.

Ammunition: Each student will need to bring 650 rounds for their duty handgun, 200 rounds of ammunition for the rifle and or submachine gun or, 150 rounds if your shoulder weapon is a shotgun. 100 rounds of LAWMAN RHT LEAD FREE FRANGIBLE (**no other frangible will be allowed.**)

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Pistol Skills While Working Plain Clothes

Date: August 30-31, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructors: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemacher-SPPD, Range Officer

POST: 18 Credits

Cost: \$205.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course **PISTOL SKILLS WHILE WORKING PLAIN CLOTHES**.

This course is designed for officers working undercover or plain clothes. This course will cover practical shooting and tactical strategies for the plain clothes officer. Tactical solutions for the use of cover and concealment, shooting and moving, and shooting from non-traditional positions will be covered. This course also includes a classroom presentation covering equipment, tactics, and issues related to what a plain clothes officer will encounter.

Equipment: Participants will need a concealable holster to fit their duty weapon, a means of concealment (jacket, sweatshirt, over-sized shirt consistent with typical plain clothes wear), baseball type cap, and eye and ear protection.

Ammunition: Each student will need to bring 650 rounds of ball or practice ammunition as well as 200 rounds of **LAWMAN RHT LEAD FREE FRANGIBLE (no other frangible will be allowed.)**

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Connecting with an Audience Highly Resistant or Hostile Towards Law Enforcement

Date: March 17-18, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0830-1630

Instructor: Corporal Malcolm "Jerry" Williams-Oakland Housing Authority

POST: 14 Credits

Cost: \$195.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course on **CONNECTING WITH AN AUDIENCE HIGHLY RESISTANT OR HOSTILE TOWARDS LAW ENFORCEMENT**.

This course is designed to assist law enforcement officers of all ranks, including prosecutors, in connecting with populations that have little or no trust in the justice system. This course is based on the actual experiences of Corporal Malcolm "Jerry" Williams of the Oakland, CA Housing Authority. Corporal Williams has repeatedly found practical ways to "defy" the norm and connect with populations that are hostile and suspicious of law enforcement.

Corporal Williams will address dealing with generational gang families, gang youth and parents, families that have been involved in generational violence and crime. Participants will learn how to establish relationships in which they can connect with this audience and gain permission to provide direction and input. This way of "connecting" will not in any way "condone" their behavior or membership in illegal organizations.

Corporal Malcolm "Jerry" Williams has been with the Oakland Housing Authority for 25 years. He has served the police department in many capacities including as an undercover narcotics officer. He helped establish a "Community Policing" program in Lockwood-Coliseum Gardens Housing Projects. Since then, he has received numerous awards for his work with community and youth. In 1997, he was awarded the California Peace Prize for his "...work to prevent violence in the community..." He was nationally recognized by Attorney General Janet Reno and President Clinton for this work

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Connecting with Youth and Their Parents

Date: March 21-22, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue, Saint Paul, MN 55104

Time: 0830-1630

Instructor: Corporal Malcolm “Jerry” Williams-Oakland Housing Authority

POST: 14 Credits

Cost: \$195.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course on **CONNECTING WITH YOUTH AND THEIR PARENTS**.

This class would be most valuable for Patrol Officers, School Resource Officers, Police Explorer Advisors, Police Athletic Officers, and Juvenile Investigators. The class will include;

- How to work with youth in a moment of stress or crisis
- How to inspire kids to be more accepting
- How to inspire youth to open up to learning
- How to balance discipline / arrest while maintaining the relationship
- How to inspire youth to change behavior and to communicate more honestly
- How to connect with parents and inspire them to connect with their kids
- How to maintain balance when working with non-compliance

Corporal Malcolm “Jerry” Williams has been with the Oakland Housing Authority for 25 years. He has served the police department in many capacities including as an undercover narcotics officer. He helped establish a “Community Policing” program in Lockwood-Coliseum Gardens Housing Projects. Since then, he has received numerous awards for his work with community and youth. In 1997, he was awarded the California Peace Prize for his “...work to prevent violence in the community...” He was nationally recognized by Attorney General Janet Reno and President Clinton for this work

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Police Cyclist Course

Date: August 9-12, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1800 T, W, F
1300-2300 (TH Only)

Instructors: Officer Jason Bain-SPPD, IPMBA Certified Instructor
Officer Anthony Holte-SPPD, IPMBA Certified Instructor
Sergeant Murray Prust-SPPD, IPMBA Certified Instructor

POST: 32 Credits

Cost: \$395.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 4-day **POLICE CYCLIST COURSE**.

This course will address the fact that bicycle officers need to ride whenever and wherever they are needed. Proper training is essential to an officer’s on-the-job performance and safety. It is also critical in reducing liability. The PC course provides bicycle officers with the skills they need to effectively serve their communities. The course is divided into eleven units: Bike Handling & Vehicular Cycling, Bike Fit, Group Riding, Hazard Recognition & Common Crashes, Obstacle Clearing & Riding Techniques, Patrol Procedures, Nighttime Patrol, Community Policing, Basic Maintenance, Legal Issues & Traffic Laws, and Fitness & Nutrition. This demanding class involves over 20 hours of on-bike time to develop and improve riding skills.

International Police Mountain Bicycle Certification is available to sworn police officers who successfully complete the practical test, earn a score of 76% or better on the written test, become members of IPMBA, and submit applications for certification accompanied by the appropriate fee.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Healthy Relationships for Modern Law Enforcement

Emergency Vehicle Operations Instructor Course

Date: July 25-29, 2011

Location: **St. Paul Police Department HQ—July 25, 26, 27, and 29, 2011**
4th Floor Classroom
367 Grove Street
Saint Paul, MN 55101

Dakota County Technical College—July 28, 2011
Driving Track
1300 145th Street East
Rosemount, MN 55068

Time: 0800-1700

Instructor: Officer Terry Erdman-SPPD, EVOC Instructors-SPPD

POST: 40

Cost: \$335.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 5-day **EMERGENCY VEHICLE OPERATIONS INSTRUCTOR COURSE**.

This course is designed to certify the student to instruct emergency vehicle operations (EVOC). Participants will develop classroom presentation skills by researching and delivering a presentation.

The student will also learn:

- Basic vehicle dynamics
- Legalities of emergency and non-emergency driving
- Guidelines for conducting a pursuit and an emergency run
- How to design a driving course to fit their department training needs and demonstrate the participant's driving ability.

On day 1 of this training, participants need to bring paper and pen ONLY. Further directions will follow during the 1st day of training. Students will also need to bring a squad car from their department (two officers from the same department can double up in the same vehicle). On driving days: no open-toed or sandal type shoes should be worn.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: March 28-29, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: George Pransky, Ph.D., LMFT

POST: 14

Cost: \$235.00 each or \$300.00 per couple

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **HEALTHY RELATIONSHIPS FOR MODERN LAW ENFORCEMENT**.

This course is intended for LE and their "other halves". In law enforcement, relationships are the foundation of home and work. When these relationships are healthy and require less emergency maintenance individuals enjoy life more - play and work with greater satisfaction. Even the normal, everyday stresses and strains of today's living can take a toll on your relationships. Add to the mix the law enforcement components of Critical Incidents and shift work and you may have a recipe for disaster. This workshop will show you how to keep your heads above water and how to revive relationships if they have gone underwater.

In this seminar participants will learn;

- How to maintain healthy relationships when exposed to Critical Incidents,
- How to be supportive to yourself and those you love as the circumstances in life shift dramatically,
- How to have productive conversations on difficult subjects (work, finances, kids, etc),
- How to turn around a negative relationship dynamic,
- How to keep your attitude positive even in the face of "bad" behavior,
- How to maintain warmth and goodwill with your partner during difficult times,
- How to maintain your identity while in love with your partner.

George Pransky, PhD, LMFT, is a nationally-recognized speaker on interpersonal matters in the workplace. He has addressed a wide range of audiences on this subject, which include The Healthcare Forum Summit, YPO, YEO, Defense Acquisition University, Association of American Medical Colleges, and The American Psychological Association. The diversity of Dr. Pransky's clientele is attributed to his unique understanding of human functioning and interaction, the application of which has significant impact on productivity and interpersonal relationships. The author of *The Relationship Handbook*, Dr. Pransky received his undergraduate degree from Middlebury College, Vermont, and his Ph.D. from Columbia Pacific University, California. He is a marriage and family therapist licensed in the state of Washington.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Martial Arts for Law Enforcement

Date: March 31, 2010

Location: **Bloomington Karate Center**
9012 Lyndale Avenue South
Bloomington, MN 55420

Time: 1200-1600

Instructor: Tim Mullin 7th Degree Master Instructor

POST: 4 Credits

Cost: \$100.00

The St Paul Police Professional Development Institute (PDI) is co-sponsoring with the Bloomington Karate Center a course in **MARTIALARTS FOR LAW ENFORCEMENT**.

The Bloomington Karate Center effectively combines Hapkido & Tae Kwon Do systems so that Law Enforcement students will learn: weapon retention, ground fighting, joint manipulation, pressure points, ASP techniques plus kicks, punches and strikes. Mr. Mullin teaches Minneapolis and St. Paul Police Academy classes in boxing, self defense, control techniques and weapon retention. Bloomington Karate Center has trained Bloomington, Minneapolis, St. Paul, Prior Lake, Savage, Shakopee Police Departments and the MN State Patrol.

The Bloomington Karate Center offer law enforcement officers a \$25 monthly rate for unlimited participation in classes.

To register go to: contact@bloomingtonkarate.com or call (952) 881-1201. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

L.O.C.K.U.P. ® Police Combat Police Ground Fighting Course

Date: July 19-21, 2011

Location: **St. Paul Police Department Annex**
3rd Floor Classroom / 2nd Floor Gym
100 East 10th Street
St Paul, MN 55101

Time: 0830-1630

Instructors: Lt Kevin F. Dillon (Retired)

POST: 21 Credits

Cost: \$395.00

The Saint Paul Police Department Professional Development Institute (PDI) is co-sponsoring with L.O.C.K.U.P.® and Lt Kevin Dillon (Ret) a 3-day **L.O.C.K.U.P.® POLICE GROUND FIGHTING COURSE**.

This is an intensive course that provides in-depth ground fighting training for the street officer. This program develops a solid foundation of physical manipulation techniques for ground fighting situations. These fighting concepts and maneuvers are based upon the L.O.C.K.U.P.® principals designed for the police officer with full gear in a ground fighting situations. The course is a physically demanding program designed to train and drill officers tactics needed to survive aggression or resistance.

Officers learn:

- L.O.C.K.U.P. Police Training System and Principals
- Risk Assessment and Threat Indicators
- Understanding the Dynamics of Police Engagements
- Fear Management and Control
- Warm Ups/Ground-fighting Basics
- Police Ground Fighting vs. Grappling
- Fighting Platforms
- Takedowns to Handcuffing
- Avoiding the Takedown
- Introduction to Ground Positions
- Ground Positions (Maintaining/ Escaping and Reversals)
- Ground Positions Continued
- Flow Drills/Weapon Retention
- Striking on the Ground
- Submissions/Applying and Escaping
- Use of Weapons on the Ground
- Fighting Drills (Outdoors)

To register go to: <http://www.policecombat.com/subpage.php?did=11>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Effective Leadership for Managers and Supervisors “Doing More with Less”

Advanced Fitness for SWAT Team Members

Date: July 13-14, 2011

Location: **St. Paul Police Department Headquarters**
4th Floor Classroom / Gym
367 Grove Street
Saint Paul, MN 55101

Time: 0800-1600

Instructor: Officer Jeff Stiff -SPPD
Christine Bongiovanni-Stiff, IFBB Pro Bodybuilder

Post: 14 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) presents Christine Bongiovanni-Stiff and Officer Jeff Stiff of SPPD in a 2-day course **ADVANCED FITNESS FOR SWAT TEAM MEMBERS**.

This course combines classroom and gym coaching in physical fitness and weight-training. This class will cover advanced methods to maximize the participant's performance both physically and mentally in SWAT operations. It will focus on every day fitness and enhanced Nutrition, Supplementation, Recuperation, Work-Out Design, and Mechanics of Lifting that will benefit SWAT performance. The class will involve classroom and practical application within the gym facility. This class is designed for individuals who are currently SWAT Team members.

Christine Bongiovanni-Stiff is the owner and operator of “**Bongiovanni On-Track Training**”. She is an IFBB (International Federation of Body Building) Professional Bodybuilder who is the National Physique Committee (NPC) Chairperson of Minnesota, North and South Dakota. Christine is also an NPC National Judge.

Jeff Stiff is currently an SPPD Officer assigned to Road Patrol in the Eastern District. Jeff was a police officer in Albuquerque, New Mexico from 1995-1999. Since joining SPPD in 1999 he has been a SWAT Operator on an Entry Team from 2002-2008 and a Bomb Tech from 2008 to the present. Jeff is currently a Use of Force, Firearms, and EVOC Instructor. Jeff was a college athlete and played Division 3 Hockey. He has been body-building for over 20 years. In body-building competition, Jeff won the “Middle-weight” Division of the “Mr. Minnesota” Contest in 1993, and was the “Over-all Champion” of the “North-Star” Contest in 2004.

To register go to Seminars page on: www.christinebongiovanni.com or call (952) 945-9090. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: March 31-April 1, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructor: George Pransky, Ph.D.

POST: 14

Cost: \$295.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **EFFECTIVE LEADERSHIP FOR MANAGERS AND SUPERVISORS “DOING MORE WITH LESS”**.

The days when leadership involved nothing more than giving out clear messages and then following up are long gone. Leadership in law enforcement today presents formidable morale challenges-higher expectation for less work hours, a disheartened workforce, feelings of entitlement, to name a few. This program intends to provide the advanced skill sets demanded by today's leadership.

This course will include;

- Pulling Employees out of Negative States of Mind
- Improving Morale in the Work Place
- Assessing and Adapting Systematic Sources of Employee Discontent
- Keeping your Balance under Stressful Conditions
- Resolving Difficult Issues without getting Adversarial
- Dispensing Balanced Discipline
- Connecting with Employees While Providing Critical Feedback
- Engaging Employees in Solving their own Problems

George Pransky, PhD, LMFT, is a nationally-recognized speaker on interpersonal matters in the workplace. He has addressed a wide range of audiences on this subject, which include The Healthcare Forum Summit, YPO, YEO, Defense Acquisition University, Association of American Medical Colleges, and The American Psychological Association. The diversity of Dr. Pransky's clientele is attributed to his unique understanding of human functioning and interaction, the application of which has significant impact on productivity and interpersonal relationships. The author of *The Relationship Handbook*, Dr. Pransky received his undergraduate degree from Middlebury College, Vermont, and his Ph.D. from Columbia Pacific University, California. He is a marriage and family therapist licensed in the state of Washington.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Counter-Terrorism Tactics and Awareness For Law Enforcement

Date: April 4-8, 2011

Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Ave
Saint Paul, MN 55104
Also; Mall of America

Time: 0830-1630

Instructors: Michael Rozin - Rozin Security Consulting

POST: 40

Cost: \$385.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 5-day intensive course in **COUNTER-TERRORISM TACTICS and AWARENESS FOR LAW ENFORCEMENT.**

This course is intended for law enforcement officers tasked with performing protective/security functions within their jurisdictions, such as; schools, event centers, public buildings, federal, state and local government buildings, etc. It will increase one's understanding and awareness of terrorism as a tactic. This course will enable a LE Officer to detect behavior that can indicate immediate or not immediate intentions to execute a terrorist attack. Most importantly this training will give participants an effective tool to prevent an attack, thus enhancing agencies' proactive capabilities. This course will significantly increase the student's awareness and understanding of the terrorism threat and terrorist methods of operations. Furthermore, this program will enable participants to understand, retain and be proficient in **Behavior Detection** and **Security Interviewing** techniques. Participants will engage in class lectures, workshops and a number of field exercises. In addition, participants will learn how to identify real and fraudulent forms of identification and how to utilize a number of different ID forms in Security Interviews. At the end of the course participants will receive suggested Standard Operations Protocol for dealing with Suspicious People, Items and Vehicles.

Michael Rozin's career has focused on counter-terrorism interventions for over 10 years. After serving as a Sergeant in a specialized infantry unit in the Israeli Defense Forces, Michael joined the Israeli Airport Authority where he worked as a security agent for Ben-Gurion International Airport in Tel Aviv under the supervision of the Israeli Security Agency, (Shin Bet). Michael moved to the United States from Israel in 2005 and since then has been employed by Mall of America (MOA) as Special Operations Security Captain to enhance the counter-terrorism capabilities of MOA Security Department. In this capacity Michael has developed, implemented and managed a behavior detection unit and a variety of other innovative security programs focused on mitigating the threat of terrorism. In 2008 the security program Michael created for Mall of America was presented to the U.S. House of Representatives' Committee on Homeland Security as a model for security in the public sector. Michael is a graduate of the Institute of Counter-Terrorism in the Interdisciplinary Center in Hertzliya, Israel, where he attended a Masters Level Executive Counter-Terrorism Studies program. He is also a certified law-enforcement and civilian instructor in Krav Maga defensive tactics.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Intermediate Pistol Skills 200

Date: June 28, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructor: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 9 Credits

Cost: \$145.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course **INTERMEDIATE PISTOL SKILLS 200.**

This course is designed to increase the shooters speed and accuracy in all aspects of handgun use. Topic will include: draws from adverse positions, weapon hand and reaction hand draws, reloads malfunction clearance, positional shooting, shooting under stress, and shooting after exertion. Students should come to class with solid fundamentals already in place. This course will require some brief, strenuous activity: students with physical limitations may not get the full benefit if they are unable to fully participate. Safe weapons handling will be demanded during all drills.

Equipment: Participants will need to bring their duty belt, holster and service pistol with at least #3 magazines, knee and elbow pads, light leather (shooting style) gloves, fitted mouth guard, ball cap, eye & ear protection.

Ammunitions: Each student will need to bring 650 rounds of ball or practice ammunition as well as 200 rounds of **LAWMAN RHT LEAD FREE FRANGIBLE (no other frangible will be allowed).**

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

A “Stress - Less” Approach to Public Safety

Date: June 23-24, 2011

Location: **St. Paul Police Department**
Western District Community Room,
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0900-1700

Instructor: Keith Blevens, Ph.D.

POST: 14 Credits

Cost: \$235.00 each or \$300.00 per couple

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in A “**Stress - Less**” Approach to Public Safety.

This course is intended for individuals involved either presently or in the past with a public-safety or military career, and their significant other(s). Identification and location are critical in public safety work and they are just as critical in understanding stress. Everybody has perceived stress in their lives. What is stressful to one person is not stressful to another. What is stressful to us one day may not be stressful the next. We have to perceive something as stressful for it to be stressful to us. Therefore, stress does not exist as an outside antagonist. It is perception that defines stress which helps us to understand it as a psychological event not as an event of circumstances or situation. In this course participants can learn:

- We gain clarity when we pinpoint stress as a psychological event rather than as an event of circumstances or situation. It presents us with a different type of intervention than if it was an external problem.
- We can target and intervene on our own behalf when we have properly identified and located stress as perception.
- Understanding the perceptual basis of stress exposes that there is no external “stress monster” that is waiting to get us. When this misunderstanding is exposed it automatically clears our heads of large amounts of troublesome thinking.
- Clear headed people can take optimal advantage of their intelligence and common sense which prepares them to work smarter and safer.

Dr. Keith Blevens, Ph.D. is a licensed clinical psychologist in the state of Washington. He has been helping people for over thirty-five years many of whom have suffered from PTSD (Post Traumatic Stress Disorder). He has been the Psychological Services Director of a Veteran’s Administration Neuropsychiatric Unit specializing in Vietnam era conflict veterans. He has served as treatment team lead for the Rape Treatment Center at Dade County Hospital in Miami, Florida. He has consistently treated trauma victims and their families throughout his career and has recently returned from the Middle East where he consults with “Hope for Heroism”, an organization founded by and for the benefit of wounded ex-Israeli soldiers.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Vice / Prostitution / Human Trafficking Investigation

Date: April 5-6, 2011

Location: **Saint Paul Police Annex Building**
3rd Floor Classroom
100 E. 10th Street
Saint Paul, MN 55101

Time: 0800-1600

Instructors: Vice Unit-SPPD

Post: 14 Credits

Cost: \$225.00

The St Paul Police Professional Development Institute (PDI) presents a 2-day course in **VICE / PROSTITUTION / HUMAN TRAFFICKING INVESTIGATION.**

This course instructs officers on how to investigate Prostitutes, Pimps and Human Traffickers, etc. The use of the internet for the purposes of promoting prostitution and recruiting young victims has brought about a need for new and innovative investigative techniques. The St Paul Police Vice Unit has been working effectively to address internet prostitution and the human trafficking aspect.

This training course will address successful methods of investigation and prosecution of prostitution related crimes which will include: identification of suspects, setting up undercover operations, key elements to establish grounds for arrest, etc. In addition to the classroom portion, this course will include hands on training during an actual undercover operation. (Please note that you may be asked to alter your work hours for the day of the undercover operation).

Course Topics:

- Statutes used to prosecute suspects
- Basic rules and policies in UC (Under Cover) operations
- Identification of prostitutes and pimps
- Identification of websites used to advertise prostitution / human trafficking
- How to perform UC operations for in-call and outcall services (male & female officers)
- Set up and execution of a successful “John” sweep (male prostitution customers)
- Equipment needed to successfully perform an undercover operation
- Evidence needed for successful prosecution of under cover cases
- Interview techniques.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Post Traumatic Stress Disorder (PTSD) - "Understanding" as Prevention and Intervention

Earl P. Gray Criminal Defense Attorney; Enhancing Criminal Investigations and Courtroom Testimony

Date: April 12, 2011

Location : **Bureau of Criminal Apprehension**
Large Classroom
1430 East Maryland Avenue
St Paul, MN 55106

Time: 0830-1230

Instructors: Earl P. Gray

POST: 4 Credits

Cost: \$125.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with St Paul Criminal Defense Attorney Earl P. Gray a ½ day training on **ENHANCING CRIMINAL INVESTIGATIONS AND COURTROOM TESTIMONY.**

8:30 Intro

8:45 to 9:45 Mistakes made by Officer's generating the Initial Report , Mistakes Investigators make with follow-up including Suspect Interviews, Mistakes with Evidence Collection and Chain of Custody, Mistakes Prosecutors make

10:00-11:00 Court Room Testimony, Preparation, Direct Examination
Cross Examination

11:15-12:30 Questions

"From mean streets, a tough defense lawyer; From a motorcycle shop owner facing drug charges to a man accused of hiring a personal shoplifter, Earl Gray's clients are represented by a risk-taker with a winning record and a sometimes less-than-respectable reputation as a no- holds-barred scrapper." Article Title from: Star Tribune (Minneapolis, MN)

Article date: March 10, 1997 Author: Adams, Jim [Copyright](#) COPYRIGHT 2009 Star Tribune Co. This material is published under license from the publisher through the Gale Group, Farmington Hills, Michigan. All inquiries regarding rights or concerns about this content should be directed to [customer service](#). ([Hide copyright information](#))

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: June 20-21, 2011

Location **Bureau of Criminal Apprehension**
Room TBD
1430 East Maryland Avenue
St Paul, MN 55106

Time: 0900-1700

Instructor: Keith Blevens, Ph.D.

POST: 14 Credits

Cost: \$235.00 each or \$300.00 per couple

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **PTSD - "UNDERSTANDING" AS PREVENTION and INTERVENTION.**

This course is intended for individuals involved either presently or in the past with a public-safety or military career, and their significant other(s). Dr. Keith Blevens states that in his thirty-five years of helping people he has realized that there is something everyone has in common. We are all capable of looking at any event in life and insightfully gaining a new perspective and understanding. This capacity is not limited by the significance of the event and there is no situation that cannot be helped by new thinking. We will be looking at thinking in a practical way that helps us go beyond our barriers to insight and common sense. In this course participants can learn:

- It is confusing and detrimental when we let a diagnosis or sensationalism distract us from the usefulness of our common sense.
- There is powerful wisdom and logic in understanding the connection between our thought and feeling. Insight into this connection clears our head and reconnects us to our common sense.
- There is an inspirational quality to common sense that can naturally motivate us in our struggle with PTSD.
- Our common sense can help us to understand and alert us to respect the creative and destructive force of thought and the role it plays in PTSD. This understanding can transform our relationship to thought and in doing so can insightfully help us heal.

Dr. Keith Blevens, Ph.D. is a licensed clinical psychologist in the state of Washington. He has been helping people for over thirty-five years many of whom have suffered from PTSD (Post Traumatic Stress Disorder). He has been the Psychological Services Director of a Veteran's Administration Neuropsychiatric Unit specializing in Vietnam era conflict veterans. He has served as treatment team lead for the Rape Treatment Center at Dade County Hospital in Miami, Florida. He has consistently treated trauma victims and their families throughout his career and has recently returned from the Middle East where he consults with "Hope for Heroism", an organization founded by and for the benefit of wounded ex-Israeli soldiers.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Emergency Tactical Medicine for Law Enforcement Officers

Date: June 20-24, 2011
Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119
Time: 0800-1800
Instructors: Peak Performance Consulting Staff
POST: 35 Credits
Cost: \$600.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Peak Performance Consulting a 5-day course in **EMERGENCY TACTICAL MEDICINE FOR LAW ENFORCEMENT OFFICERS**.

This course will teach Law Enforcement Officers the principals of Emergency/Tactical Medicine. These self-help and buddy aid techniques/tactics, learned during combat operations in Afghanistan and Iraq, will greatly improve the survivability of individual officers and injured civilians if wounded in a tactical setting. Subjects covered are: case studies/lessons learned from past armed confrontations; basic medical skills for the Emergency/Tactical Medic; choosing medical equipment; tactical movement and extrication of the wounded under fire; assessment of the wounded; blood loss control techniques; airway management; treating penetrating/open chest wounds; treating gunshot wounds; blast injuries due to explosions; shock; spinal injuries; musculoskeletal injuries; factors affecting individual performance; and MEDEVAC request protocol. The course will include extensive hands-on/shooting exercises incorporating Emergency Medicine course techniques in a realistic training environment.

To register go to: <https://www.lettrainers.com/Registration.html>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Suicide in Law Enforcement

Date: April 14, 2011
Location: **St. Paul Police Department Headquarters**
Central Community Room
367 Grove Street
Saint Paul, MN 55101
Time: 0800-1200
Instructors: Sergeant Chris Nelson-SPPD (Retired)
Susan Dion-Susan Dion Consulting
POST: 4 Credits
Cost: \$105.00

The St Paul Police Professional Development Institute (PDI) is sponsoring a 1/2-day course on **SUICIDE IN LAW ENFORCEMENT**

Participants will learn about; how to identify the danger signs of a potentially suicidal individual, practical methods of intervention with a suicidal individual, supportive services for law enforcement personnel, and important methods of self care.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form**. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Combat Judo and Brazilian Jui-Jitsu Grappling for Law Enforcement

Date: April 14, 2011 or September 21, 2011

Location: Saint Paul Police Annex Building
2nd Floor Gym,
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Paul Petushin - Master Instructor of Petushin Martial Arts.

POST: 7

Cost: \$105.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Paul Petushin of Petushin Martial Arts a 1-day course in **COMBAT JUDO AND BRAZILIAN JUI-JITSU GRAPPLING FOR LAW ENFORCEMENT**.

What will be covered?

- Situational awareness.
- Controlling and subduing aggressive suspect.
- Controlling and subduing fleeing or retreating suspect.
- Taking down suspects without endangering yourself.
- Defenses against punches and kicks.
- Proper defense procedures while lying on the ground with attacker standing over.
- Defenses against grabs and bear hugs.
- Defenses against headlocks.
- Defenses against attacks from behind.
- Defenses against chokes.
- Controlling larger suspect in one on one situation.

To register go to: www.PetushinMartialArts.com, Tel: 612.991.9116 or email: paul_petushin@hotmail.com If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Police Counter-Ambush Tactics

Date: June 15-17, 2011

Location: St. Paul Police Department - Outdoor Range
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0800-1800

Instructors: Peak Performance Consulting Staff

POST: 22 Credits

Cost: \$425.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Peak Performance Consulting a 3-day course in **POLICE COUNTER-AMBUSH TACTICS**.

This course will teach Law Enforcement Officers various self-protection techniques and tactics to effectively deal with armed criminals or terrorists while in or near vehicles. Tactics to counter a static and/or moving ambush of officers on foot or while sitting will also be covered. Subjects covered are: the warrior mindset; case studies/lessons learned from past armed confrontations; countering static and moving ambush of police vehicles; countering static and moving ambush of officers on foot/sitting; aggressive counter-ambush techniques and tactics; defense tactics against mobs/groups; reacting to lethal threats while in vehicles; expedient armor for vehicles; proper use of vehicles for cover and concealment; and effective counter-ambush shooting from a moving/static vehicle (pistol, rifle, shotgun). The course will include approx. 8-hours of day and night shooting/movement exercises incorporating course techniques in a realistic training environment.

To register go to: <https://www.letrainers.com/Registration.html>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Combat Judo and Brazilian Jui-Jitsu Grappling for Female Law Enforcement Officers

Date: June 8, 2011

Location: **Saint Paul Police Annex Building**
2nd Floor Gym
100 E. 10th Street
Saint Paul, MN 55101

Time: 0830-1630

Instructors: Paul Petushin - Master Instructor of Petushin Martial Arts.

POST: 7

Cost: \$105.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Paul Petushin of Petushin Martial Arts a 1-day course in **COMBAT JUDO AND BRAZILIAN JUI-JITSU GRAPPLING FOR FEMALE LAW ENFORCEMENT OFFICERS.**

What will be covered?

- Situational awareness.
- Controlling and subduing aggressive suspect.
- Controlling and subduing fleeing or retreating suspect.
- Taking down suspects without endangering yourself.
- Defenses against punches and kicks.
- Proper defense procedures while lying on the ground with attacker standing over.
- Defenses against grabs and bear hugs.
- Defenses against headlocks.
- Defenses against attacks from behind.
- Defenses against chokes.
- Controlling larger suspect in one on one situation.

To register go to: www.PetushinMartialArts.com, Tel: 612.991.9116 or email: paul_petushin@hotmail.com. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Homicide Scene Management for Patrol

Date: April 21, 2011 or October 6, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructors: Investigator David Newman. (Retired)

POST: 7 Credits

Cost: \$125.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 1-day course on **HOMICIDE SCENE MANAGEMENT FOR PATROL.**

The course objective is to train the patrol officer or first responder how to handle and approach a homicide or violent crime scene prior to the arrival of scene investigators. Many patrol officers lack the training and basic understanding of managing the scene of a homicide and avoiding too much traffic and cross contamination, while at the same time establishing safe boundaries that will encompass all of the physical evidence. Crime scene management begins with the arrival of the first officer on scene and continues on through both scene and homicide investigators. Most important and often overlooked are the responsibilities of patrol. Know what to do before critical errors and possibly the loss of vital evidence takes place. It's always been a simple rule in homicide investigation; how the initial scene is handled by patrol has a profound effect on the entire investigation.

This one day class is designed to benefit those in patrol so they may understand what role they play not only in the initial securing of a homicide scene, but also provides them with a good understanding of physical evidence recognition, preservation and documentation. Because patrol officers cannot often times have days off for training resulting from manpower restrictions, this course has been condensed to 8 hours to make it easier for them to attend. The instructor for this course is Inv. David Newman (Ret.) from the Norfolk Police Department in Virginia.

To register go to: https://www.trainingregistration.org/register.php?id=414&c_id=12. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Collection, Documentation & Preservation of Footwear & Tire Track Impression Evidence

Date: April 26-29, 2011
Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104
Time: 0800-1600
Instructor: Ron Smith and Associates
POST: 32
Cost: \$500.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with Ron Smith and Associates a 4-day course in **COLLECTION, DOCUMENTATION, & PRESERVATION OF FOOTWEAR & TIRE TRACK IMPRESSION EVIDENCE**.

Have you ever wondered; “WHAT IS THE MOST OFTEN OVERLOOKED TYPE OF EVIDENCE” in a crime scene? Have you ever seen a shoeprint at a crime scene and not collected it “BECAUSE YOU DIDN’T HAVE THE TOOLS OR THE TRAINING?” Has the Crime Laboratory ever advised you that your shoeprint or tire print evidence was not collected in a manner satisfactory for examination? Do you know how to collect known tire track exemplars from your SUSPECT’S vehicle? Do you know the difference between two dimensional and three dimensional impressions and how to adequately document them using photography? In this course, rather than enter the next crime scene and trample the very footsteps of the suspect, the student will learn how to do more than carefully step around these impressions. Instead, with confidence, the student will be able to locate, document, collect and properly preserve this valuable form of impression evidence. Through HANDS-ON exercises, the student will gain a working knowledge of the proper photographic documentation techniques required to preserve the impression evidence for future comparison and identification. Once photographed, the evidence will need to be properly casted or lifted. During the HANDS-ON portion of this training, these techniques will be demonstrated and then practiced by each student. The student will understand the value of collecting information from all four tires left behind at a crime scene, as well as, learn the correct methods for collecting known tire exemplars.

This training seminar has been approved for 32 hours of Continuing Education Credit required for I.A.I. Certification and Re-certification. Certificates of attendance, authorized by the International Association for Identification, will be awarded to each student successfully completing the seminar. Class attire is business casual.

To register go to: <http://www.rons mithandassociates.com/register-for-forensic-training-class.php> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Colt AR-15 / M-16 / M-4 Advanced Armorer Course

Date: June 8-10, 2011
Location: **St. Paul Police Department**
Western District Community Room
389 Hamline Avenue
St. Paul, MN 55104
Time: 0800-1600
Instructors: Ken Elmore, Specialized Armament
POST: 20 Credits
Cost: \$400.00

The Saint Paul Police Professional Development Institute (PDI) is co-hosting with Specialized Armament a 2.5 day **AR15 / M16 / M4 ADVANCED ARMORER COURSE**.

This 20 hour block of instruction takes the individual armorer to a new level of weapons training by creating a synthesis of real-world and technical material—rarely presented to law enforcement and military personnel. Specialized Armament has integrated over 20 years of first-hand knowledge, engineering, and experience with a new Advanced Armorer manual, specialty tools, precision gages, proto-type fixtures, custom training aids, and skillful hands-on techniques to form a 2.5 day advanced class.

To register, please call (480) 940-7397 or e-mail training@specializedarmament.com. If you have any questions; please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Colt AR-15 / M-16 / M-4 Armorer Course

Date: June 6-8, 2011
Location: **St. Paul Police Department**
Western District Community Center
389 N. Hamline Avenue
St. Paul, MN 55104
Time: 0800-1600
Instructors: Ken Elmore, Specialized Armament
POST: 18 Credits
Cost: \$400.00

The Saint Paul Police Professional Development Institute (PDI) is co-hosting with Specialized Armament a 2.5-day **AR-15 / M16 / M4 ARMORER COURSE**.

This course covers design, operation theory, terminology, parts identification and interchangeability, function checks, specialty tools and tool usage, assembly/disassembly techniques, and troubleshooting for the law enforcement armorer.

To register, please call (480) 940-7397 or e-mail training@specializedarmament.com. If you have any questions; please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdj@ci.stpaul.mn.us

Use of Force Instructors Course

Date: May 2-13, 2011 or September 12-23, 2011
Location: **St. Paul Police Department Annex - Week 1**
3rd Floor Classroom / 2nd Floor Gym
100 East 10th Street
Saint Paul, MN 55101
St. Paul Police Department Outdoor Range - Week 2
2621 Linwood Avenue
Maplewood, MN 55119
Time: 0800-1700
Instructor: Use of Force Instructors-SPPD
Post: 90 Credits
Cost: \$885.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-week course in **USE OF FORCE INSTRUCTOR**.

The first day is classroom and students will be required to bring pad and pen ONLY dressed in BDU'S and t-shirt / DT shirt.

Week One (1) @ 100 East 10th Street, 3rd Floor Classroom, St Paul, will consist of instruction in federal and state laws supporting use of force by police officers. Additionally, students will receive certification as a chemical aerosol and baton instructor. During this portion students will participate in instructor development activities designed to boost confidence and ability to instruct large and small groups. Students will receive instruction about court-defensible documentation regarding use of force training, lesson plan writing, and writing performance improvement plans.

Week Two (2) @ the St Paul Police Outdoor Range, Maplewood, will consist of the firearms portion of the training. Hosted entirely at our range, this component will develop solid and safe instructor skills during courses of fire. Students will learn the difference between qualification and training courses of fire. The student's own firearm handling skills will be challenged throughout the course. During this portion, students will participate in instructor development activities designed to boost confidence and ability to instruct large and small groups.

With your registration, indicate the weapons systems you will be bringing to the training. This should include the following information: *Handgun model and caliber. **Each student is required to bring 1,000 rounds of ammunition for their handgun.**

To register, go to the website: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdj@ci.stpaul.mn.us

Motorcycle Officer Training

Date: May 2-13, 2011

Location: **St. Paul Police Department**
Eastern District
722 Payne Avenue
Saint Paul, MN 55130

Time: 0800-1630

Instructors: Officer B.J. Kruse-SPPD
Officer Matt Arntzen-SPPD

POST: 70 Credits

Cost: \$885.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-week course in **MOTORCYCLE OFFICER TRAINING**.

This intensive program will develop the coordination, skill, and confidence necessary for the student to operate a police motorcycle safely and efficiently. The course will cover the following: machine nomenclature (Harley Davidson or Kawasaki), slow maneuvering, control braking, curve negotiation, defensive driving techniques, law enforcement techniques, and on/off road driving. Students will need to bring their department-owned motorcycle helmet, eye protection, gloves (not fingerless), and over the ankle boots. Upon successful completion, the students will be fully prepared for on-the-job training with their own department. A minimum of 3 students is needed for this class to proceed.

Participants must have a motorcycle endorsement or permit.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Use of Deadly Force by Minnesota Police Officers Resulting in Death: 1981-2005

Date: June 2, 2011 or November 3, 2011

Location: **St. Paul Police Department**
West District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1600

Instructors: Agent Larry C. Brubaker-FBI (Retired)

Post: 7 Credits

Cost: \$135.00

The Saint Paul Police Professional Development Institute (PDI) is a 1-day course in **USE OF DEADLY FORCE BY MN POLICE OFFICERS RESULTING IN DEATH: 1981-2005**.

This course will be presented as follows; the first hour will focus on Constitutional issues, methodology used during the research, and statistical data regarding the incidents. The remaining instruction will be case studies of approximately 30 of the 110 fatal shootings involving MN police officers. Included in the case studies are crime scene photographs, video (DVD) and audio recordings. Course topics include;

- Constitutional Amendments regarding the use of force
- Minnesota statutes regarding the use of force
- Circumstances of the 110 shootings in Minnesota as described in the 2008 book "*Pulling the Trigger: A 25 - Year Study of Deadly Force Encounters by Law Enforcement.*"
- Results of interviews of Minnesota peace officers who were involved in shooting deaths focusing on training, perceptual changes, weaponry, and post-shooting events
- Statistical data relating to the 112 shooting deaths from 1981-2005
- Resources available to officers and administrators involved in fatal shootings

Larry C. Brubaker: is a retired agent with the Federal Bureau of Investigation (FBI). During his tenure with the FBI, he taught various violent crime topics throughout the United States, Canada, and at the FBI Academy, Quantico, Virginia. He has also taught at the International Law Enforcement Academy, Budapest, Hungary. He has appeared on numerous local radio and television news reports. He has been interviewed on National Public Radio, *Primetime Live*, *48 Hours*, MSNBC News, Discovery Health Network, and Langley Production's *Court TV*. Brubaker has provided expert witness testimony for Minnesota law firms regarding the use of deadly force, false reports to law enforcement, sexual assaults and interviewing. He wrote and released a book "*Pulling the Trigger: A 25-year Study of Deadly Force Encounters by Law Enforcement*" in December 2008. An updated version of the book to include shootings from 2006 - 2010 will be forthcoming in late 2011. Presently, he serves as an adjunct professor at Winona State University and Saint Mary's University.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Pistol Skills 100

Pistol Skills for Women

Date: May 25-26, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructor: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 18 Credits

Cost: \$205.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course **PISTOL SKILLS FOR WOMEN**.

This course is designed to introduce female shooters of all skill levels to modern pistol techniques. This course will cover the reasons why a particular grip, stance, and presentation of the pistol are more effective than other techniques that may have been taught in the past. Students will be given individual attention to assure the basics are being properly executed, and then demanded during all drills. Successful student participation will assure shooting skills have exceeded any past abilities.

Equipment: Participants are required to bring their duty belts, holster, and service weapon with at least 3 magazines. They will need an off-duty holster to fit their duty weapon (or a separate off-duty gun and ammunition), a means of concealment, baseball type cap, and eye and ear protection.

Ammunition: Each student will need to bring 650 rounds of ball or practice ammunition as well as 200 rounds of LAWMAN RHT LEAD FREE FRANGIBLE (no other frangible will be allowed.)

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: May 3-4, 2011

Location: **St. Paul Police Department - Outdoor Range**
2621 Linwood Avenue
Maplewood, MN 55119

Time: 0700-1700

Instructors: Officer Randy Barnett-SPPD, Range Master
Officer Jeff Whitbeck-SPPD, Range Officer
Officer Derrick Herling-SPPD, Range Officer
Officer Andy Shoemaker-SPPD, Range Officer

POST: 18 Credits

Cost: \$205.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **PISTOL SKILLS 100**.

This course is designed to introduce shooters of ALL skill levels to modern pistol techniques. This course will cover the reasons why a particular grip, stance and presentation of the pistol are more effective than other techniques that may have been taught in the past. Students will be given individual attention to assure their basic pistol skills such as grip, stance, sight-picture, trigger pull, etc. are being properly executed during all drills. Successful student participation will assure shooting skills to improve.

Equipment: Participants are required to bring their duty belt, holster, service weapon with at least 3 magazines, baseball type cap, and eye and ear protection.

Ammunition: Each student will need to bring 650 rounds of ball or practice ammunition as well as 200 rounds of LAWMAN RHT LEAD FREE FRANGIBLE (no other frangible will be allowed).

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

L.O.C.K.U.P.® Police Combat Arrest and Control Train the Trainer Course

The Essence of Effective Parenting

Date: May 5-6, 2011 and November 7-8, 2011

Location **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0900-1700

Instructor: Jack Pransky, Ph.D.

POST: 14 Credits

Cost: \$ 235.00 each or \$ 300.00 per couple

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 2-day course in **THE ESSENCE OF EFFECTIVE PARENTING**.

In law enforcement, relationships are the foundation of home and work. When these relationships are healthy and require less emergency maintenance individuals enjoy life more play and work with greater satisfaction. Even the normal, everyday stresses and strains of today's living can take a toll on your relationships. Add to the mix the law enforcement components of Critical Incidents and shift work and you may have a recipe for disaster.

Parenting and relationship skills can only take parents and partners so far. Emphasizing such skills gives the false impression that if we just learn a set of skills and practice them, everything will be okay. A closer look suggests this is not true. Something far more important lies at the essence of parenting and partnership and, once grasped, overrides the need to learn and master a set of skills. Instead of looking to skills from outside ourselves we can learn to look inside ourselves to let wisdom be our guide for how to handle any problem or situation that arises. To do so effectively we need new understanding of the way it all works within us to create how we experience our children and partners. Once this understanding is realized we tend to automatically create healthier relationships with our children and partners, beautiful relationships, solid, respectful relationships that we originally wished for when beginning them. Even the most difficult relationships can be turned around. This workshop will show how this is possible for anyone.

Jack Pransky, Ph.D. is director of the *Center for Inside-Out Understanding*, based in Vermont. He has authored six books, including *Parenting from the Heart, Somebody Should Have Told Us!*, *Prevention from the Inside-Out* and he co-authored *Healthy Thinking/ Feeling/ Doing from the Inside-Out* middle school curriculum. Pransky has worked in the field of prevention since 1968 and is now a national and international trainer, consultant, counselor and coach. His book, *Modello* received the Martin Luther King Storyteller's Award, and in 2004 Jack won the Vermont Prevention Pioneers Award.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: May 23-27, 2011

Location: **St. Paul Police Department Annex** **St Paul Police - Outdoor Range**
3rd Floor Classroom / 2nd Floor Gym 2621 Linwood Avenue
100 East 10th Street Maplewood, MN 55119
St Paul, MN 55101 **(May 27th, 2011 ONLY)**

Time: 0830-1630

Instructors: Lt Kevin F. Dillon (Ret)

POST: 35 Credits

Cost: \$595.00

The Saint Paul Police Department Professional Development Institute (PDI) is co-sponsoring with L.O.C.K.U.P.® and Lt Kevin Dillon (Ret) a 5-day **L.O.C.K.U.P. POLICE COMBAT - TRAIN THE TRAINER COURSE**. The arrest and control course is instructed through a combination of classroom, hands on instruction and training drills to facilitate retention among attending students.

Instructor candidates learn:

- Risk Management for Confrontations • Legal Aspects of Use of Force
- Report Writing, Documentation and Tracking • Instructional Methods and Techniques
- Understanding Factors for Victory or Defeat • Controlling and Managing Fear
- Physiological and Physical Changes During Combat • How to Trouble-Shoot Fighting Maneuvers • Fighting Maneuvers that Match the Physiological Changes
- Instructional Techniques That Work For the Individual • Proper Striking Systems for Law Enforcement • Fighting Techniques and Fatigue • Fighting from Standing, Kneeling and Grounded Platforms • Team Communications and Takedowns • Ground Fighting • Weapon Retention and Takeaways • Edged Weapon Defenses and Countermeasures • Training for Multiple Assailants
- Managing and Documenting Training

To register go to: <http://www.policecombat.com/subpage.php?did=11>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us.

Basic Active Shooter Response

Date: May 17 or May 18 or May 19, 2011

Location: Saint Paul (TBA)

Time: 0830-1630

Instructors: SWAT Personnel-SPPD

POST: 7 Credits

Cost: \$195.00

Class Limit: 16 Participants per day

The Saint Paul Police Professional Development Institute (PDI) and the St Paul Police SWAT Team is sponsoring a 1-day course in **BASIC ACTIVE SHOOTER RESPONSE** on 3 different dates.

The Course will consist of:

- 1.5 hours of classroom
- 2.0 hours of basic formations movements up and down stairwells, hallways, room entries and room clearing
- 3.0 hours of FORCE on FORCE Simunition scenarios
- 1/2 hour for Debriefing

SPPD will provide the Simunition ammo and guns (Glocks) and Simunition bolts and ammo for M-4, AR-15 rifles. Agencies issued handguns other than Glock, can either train with SPPD Simunition Glocks or provide Simunition handguns and ammo that are the same as their department issue. Agencies are strongly encouraged to bring the rifles they would deploy with during an Active Shooter scenario. However, **SPPD can provide Simunition Bolts and Ammo for M-4 and AR-15 rifles only.** Agencies would be required to provide the Simunition bolts and ammo for rifles other than those listed.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the registration form. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

Date: May 9-13, 2011

Location: **St. Paul Police Department**
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1200 (M-THU)
0800-1300 (FRI)

Instructors: Detective Dominick J. Misino (Retired)

POST: 34 Credits

Cost: \$495.00

The St Paul Police Professional Development Institute (PDI) is co-sponsoring with PATC a 4.5-day course in **PHASE I & II HOSTAGE NEGOTIATION and CRISIS INTERVENTION.**

This course is appropriate for Chiefs, Sheriffs, Street Patrol Officers, First Responders, Jail Corrections Officers, Prison Personnel, Narcotic Officers, Emergency Response Teams and any agency contemplating the structuring of a Crisis Negotiation / Response Team or Crisis Intervention Team. Course content will include blocks of instruction in; **Introduction to Crisis Negotiations, Tactical Use of Negotiators, Team Structure, Basics of Negotiating, Communication Skills, Psychology of Negotiations, Case Studies, Dealing with the Media, Suicide Intervention, The Resolution, and The Aftermath.** "Role Plays" will be utilized during these segments of the training. The instructor will guide the students through the tense and very stressful job of negotiating with various types of "Hostage Takers and Emotionally Disturbed" people. Students will get a chance to participate as a team member and use the most advanced electronic equipment that is on the market today.

Detective Dominick J. Misino (retired) is a 22 year veteran of the New York City Police Department. During his career with the NYPD he served in the Special Operations Division for 18 years. His background is varied and diverse. He served as the primary hostage negotiator for his last 6 years with the NYPD. The NYPD negotiation team consists of 120 trained negotiators. As primary negotiator he has personally been involved in over 200 hostage / barricade incidents. He has trained law enforcement personnel from over 500 various departments and agencies. He has also trained officers from numerous foreign countries. He developed joint training between these units and established a valuable working relationship.

To register go to: www.patc.com or call 1-800-365-0119. PATC will manage all registrations and payments. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdi@ci.stpaul.mn.us

L.O.C.K.U.P.® Police Combat Immediate Control Tactics for Plain Clothes or Undercover Officers

Date: May 16-17, 2011

Location: **St. Paul Police Department Annex**
3rd Floor Classroom / 2nd Floor Gym
100 East 10th Street
St Paul, MN 55101

Time: 0830-1630

Instructors: Lt. Kevin F. Dillon (Retired)

POST: 35 Credits

Cost: \$ 295.00

The Saint Paul Police Professional Development Institute (PDI) is co-sponsoring with L.O.C.K.U.P and Lt Kevin Dillon (Ret) a 2-day course in **L.O.C.K.U.P. IMMEDIATE CONTROL TACTICS FOR PLAIN CLOTHES OR UNDERCOVER OFFICERS.**

This is an introductory course for the plain clothes or undercover officer that is hands-on and mentally challenging. The course is presented in both lecture and physical training format. Officers learn:

- L.O.C.K.U.P.® Police Training System and Principals
- Risk Assessment and Threat Indicators
- Understanding the Dynamics of Police Engagements
- Fear Management and Control
- Police Combat vs. Defensive Tactics
- Availability to Weapon Systems for Plain Clothes Operators
- Extreme Close Quarter Tactics
- Fighting Tactics from Standing, Kneeling and Grounded Position
- Team and Individual Offensive Tactics for Immediate Control
- How to Prepare Accurate Reports Documenting Incidents
- Weapon Retention and Weapon Disarming
- Active Diffusion Communications Strategies
- Pre Planning Team Approaches and Target Takedown Strategies
- Understanding Mass / Power and Kinetic Energy

To register go to: <http://www.policecombat.com/subpage.php?did=11>. If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdj@ci.stpaul.mn.us

Police Cyclist Course

Date: May 17-20, 2011 or August 9-12, 2011

Location: **St. Paul Police Department.....May 17-20, 2011**
Eastern District Community Room
722 Payne Avenue
Saint Paul, MN 55130

St. Paul Police Department.....August 9-12, 2011
Western District Community Room
389 N. Hamline Avenue
Saint Paul, MN 55104

Time: 0800-1800 T, W, F
1300-2300 (TH Only)

Instructors: Officer Jason Bain-SPPD, IPMBA Certified Instructor
Officer Anthony Holte-SPPD, IPMBA Certified Instructor
Sergeant Murray Prust-SPPD, IPMBA Certified Instructor

POST: 32 Credits

Cost: \$395.00

The Saint Paul Police Professional Development Institute (PDI) is sponsoring a 4-day **POLICE CYCLIST COURSE.**

This course will address the fact that bicycle officers need to ride whenever and wherever they are needed. Proper training is essential to an officer's on-the-job performance and safety. It is also critical in reducing liability. The PC course provides bicycle officers with the skills they need to effectively serve their communities. The course is divided into eleven units: Bike Handling & Vehicular Cycling, Bike Fit, Group Riding, Hazard Recognition & Common Crashes, Obstacle Clearing & Riding Techniques, Patrol Procedures, Nighttime Patrol, Community Policing, Basic Maintenance, Legal Issues & Traffic Laws, and Fitness & Nutrition. This demanding class involves over 20 hours of on-bike time to develop and improve riding skills.

International Police Mountain Bicycle Certification is available to sworn police officers who successfully complete the practical test, earn a score of 76% or better on the written test, become members of IPMBA, and submit applications for certification accompanied by the appropriate fee.

To register go to: <http://www.ci.stpaul.mn.us/forms.asp?fid=41> and fill out the **registration form.** If you have any questions, please call the Saint Paul Police Department Training Unit at (651) 266-5555 or email: pdj@ci.stpaul.mn.us